CITY OF SIMI VALLEY • MEMORANDUM

DATE: April 18, 2014
TO: Task Force on Heroin Prevention
FROM: Eric J. Levitt, Simi Valley City Manager
       Larry Peterson, Rancho Simi Recreation and Park District General Manager
       Melissa Siebers and Pat Montoya, Not One More

SUBJECT: Agenda Item XII. Discussion of Agencies’ Updates Regarding Implementation of the Recommended Strategies to Combat Heroin Abuse

RECOMMENDATION

It is recommended the Task Force receive and file the status updates provided by the City of Simi Valley, Rancho Simi Recreation and Park District, and Not One More, on the actions taken by each agency since the last Task Force meeting, held in September 2013.

OVERVIEW

During the September 12, 2012 meeting, the Task Force on Heroin Prevention adopted Strategies to Combat Heroin Abuse following review, evaluation, and feedback provided by the City Council, Simi Valley Board of Education, and Rancho Simi Recreation and Park District Board of Directors. Three documents are attached, the City of Simi Valley’s updates, (Attachment A, page 2); the written updates provided by the Rancho Simi Recreation and Park District, as a supplement to the verbal presentation provided (Attachment B, page 3); and the updates provided by Not One More (Attachment C, page 70). The Simi Valley Unified School District provided its updates verbally and did not have additional information to attach.

SUMMARY

It is recommended the Task Force receive and file the status updates provided by the City of Simi Valley, Rancho Simi Recreation and Park District, and Not One More, regarding the actions taken to date by each agency since the last Task Force meeting, held in June 2013.

Eric J. Levitt, City Manager
City of Simi Valley

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City of Simi Valley Updates to the Strategies Recommended by the Simi Valley Community Task Force on Heroin Prevention

April 2014

During its upcoming May 20, 2014, meeting, the Youth Council has invited speakers to present a Drug Prevention Update.

The Youth Employment Service is hosting its annual Job and Career Expo on April 26, 2014 and has offered workshops at the Simi Valley Public Library for teens, as well as for all tenth grade students within the Simi Valley Unified School District, to help prepare them for summer employment.

On April 15, 2014, Youth Council members invited local Southern California Students Against Destructive Decisions (SADD) Liaison, Katherine Kasmir (also Straight Up Ventura County’s Executive Director) to speak with them regarding an opportunity to begin a local SADD chapter onsite at a Simi Valley school campus.

In partnership with the Simi Valley Unified School District, Rancho Simi Recreation and Park District, and the Simi Valley Police Department, provided staffing to the Straight Up Reality Party for Parents to educate parents about the realities of teen parties on March 8, 2014. Event promotion included a targeted SVTV slide, website community event post, and with E-notification.

In partnership with the Rancho Simi Recreation and Park District, hosted the Simi Valley Youth Services Providers Meet and Greet on February 12, 2014, bringing together 40 youth-serving organizations to share resources and discuss collaborations.

On January 29, 2014, City staff attended the Ventura County Children’s System of Care Agency 101 resource fair.

SVTV continues to air public service announcements (PSAs) developed by the Ventura County Behavioral Health Alcohol and Drug Programs related to teen prescription drug abuse and heroin abuse.

Working with bus shelter vendor to re-post the Heroin Kills panels at the bus shelters throughout the community.

The Simi Valley Public Library offers a wide variety of programming for teens to provide positive alternatives, and programming for adults, such as the Triple P - Positive Parenting program.
The Park District continued to distribute its tri-fold flyer containing telephone numbers and web-site addresses for various organizations that provide aid to those in need arising from drug and/or alcohol use. These flyers are available to the public in the District’s Lobby, are posted on the District’s web site, and have been provided to members of Not One More for distribution. The Park District’s Park Rangers are also distributing these flyers.

The Park District’s Spring/Summer 2014 activity brochures which are mailed to all residents in the communities of Simi Valley, Oak Park and parts of unincorporated Ventura County again included contact information for various organizations providing assistance to those in need. These District publications also included a suicide prevention campaign, and program offerings by Ventura County Behavioral Health (Mental Health First Aid USA), Triple P (Parenting is a Tough Job), Dr. Sears L.E.A.N. (Lifestyle/Exercise/Attitude/Nutrition) Workshops, and an important reminder about the Simi Valley Police Station Drop Box for unneeded drugs.

Park District staff worked with Straight Up, Community Coalition United, Simi Valley Police Department, Simi Valley Unified School District and others to develop and promote a second Reality Party for Parents (a mock teen party) in March 2014.

In partnership, Ventura County Behavioral Health and the Community Coalition United and the Park District (the “Partners”) have continued to assist in the offering of Mental Health First Aid USA training. When interest in attending these free workshops has waned the Park District has increased advertising in the Star and Acorn, and also used the Facebook page associated with the Welcome to the Neighborhood publication. The Park District sent its employee Directors of the Before and After School Club programs (offered throughout Simi Valley and Oak Park) to the training. Together, those Directors provide activity programming for approximately 1000 kids. The California Park and Recreation Society District 8
recognized the collaborative and beneficial efforts of the Partners in this area with its *Recreation and Community Program Award*. Receipt of this award has also helped the Partners facilitate an expansion of the Mental Health First Aid training into the communities of Thousand Oaks and Moorpark. The County Board of Supervisors has also recognized the efforts of the Partners in offering and providing this training.

| 5 | The following items were advertised on the District’s web-site (copies of which are attached):
|   | → Mental Health First Aid USA, Professional Development Seminar, and Drug Abuse Summit programs, and Safety Plan for your Child/Youth all offered by Ventura Co. Behavioral Health
|   | → Tobacco Free 2013 offered by Ventura County Public Health
|   | → KeepSafe Connections, including contact information for important service providers
|   | → The Parent Project offered by the Thousand Oaks Police Department
|   | → Disability Harassment in K-12 Public Education offered by Rainbow Connection
|   | → Community Conversation, hosted by United Way of Ventura County
|   | → Sin by Silence film screening offered by the Simi Valley Public Library and Interface in connection with Domestic Violence Awareness Month
|   | → Landlord-Tenant Workshop offered by City of Simi Valley and the Housing Rights Center
|   | → Carpe Diem Conference, offered by Ventura County Behavioral Health and other Organizations in collaboration
|   | → Are Your Children Protected From Doing Drugs? Offered by Boys and Girls Club and Tarzana Treatment Centers
|   | → Sharing Strategies from the Nonviolent Crisis Intervention Workshop offered by Ventura County Special Education Local Plan Area (“SELPA”) and others
|   | → Positive Parenting offered by Triple P and Interface
|   | → A Social Change Theater Event offered by Straight Up Ventura County and others
## RANCHO SIMI RECREATION AND PARK DISTRICT
### Heroin Task Force
### Related Actions for the Period
### September 2013 – April 2014

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<thead>
<tr>
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<tbody>
<tr>
<td></td>
<td>2-1-1 Ventura County Database Information</td>
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<tr>
<td></td>
<td>Behavior Strategies for Parents of Children with Autism offered by Ventura County SELPA</td>
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<tr>
<td></td>
<td>Transition Fairs sponsored by the Ventura County Transition Project</td>
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<td></td>
<td>Simi ValleyPTA/PTSA Parent Information Program</td>
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<td></td>
<td>Fun with Food offered by Ventura County SELPA</td>
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<td></td>
<td>Cyber Bullying offered by State Senator Fran Pavley and others</td>
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<td>Senior Savvy Ventura County Adult Abuse Prevention Council</td>
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<td></td>
<td>Hockey Outreach Program offered by Iceoplex in partnership with Community Coalition United and Rancho Simi Recreation and Park District</td>
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<td></td>
<td>Alice Bag, Talk Time, and Lawyers at the Library offered by Simi Valley Public Library</td>
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</tbody>
</table>

6. The Park District continues to offer employment and volunteer opportunities, active and passive recreation programming and many unique parks located throughout the community. All of these represent positive alternatives to drug use and abuse.

7. Park District staff met with County of Ventura Probation Agency Division Manager and Community Coalition United to explore how agencies can work together to facilitate community re-entry of prisoners to be released early by the State of California.

8. The Park District has continued to host Community Coalition United meetings, one on December 10, 2013, and the next one set on April 9, 2014 at 5 pm. Park District staff also worked with this Coalition to prepare and circulate a survey to its distribution list in order to identify strengths, weaknesses, opportunities and threats in an effort to help improve the Coalition’s outreach efforts. The Park District and the Coalition also met with the City Manager to review efforts to date, increase an understanding of the Coalition, and identify additional opportunities to work together to meet the needs of the community.

9. The District’s web page visit counter on the Drugs Destroy section reflected 1,567
visits as of April 3, 2014. There were 1,371 visits as of September 10, 2013 and 1,260 visits as of May 29, 2013. Which means only 196 additional visits to these pages occurred during the months of September, October, November, December, January, February and March.

10 The Park District worked together with the City of Simi Valley to host another Simi Valley Youth Service Providers’ Meet and Greet on February 12, 2014.

11 The Park District and the City of Simi Valley are working together with the State-wide efforts of the Know the Signs suicide prevention campaign and making efforts to connect that campaign to the Mental Health First Aid training opportunities.

12 The Park District and the Community Coalition United jointly hosted a booth at the Agency 101 fair in Camarillo, which offered resources for families of at-risk children and youth in Ventura County.

13 Park District and the Community Coalition United attended a Community Re-entry Connection project kick–off event at Interface offices in Camarillo, at which time Interface and Ventura County Probation explained grant opportunities available for organizations that facilitate re-entry of prisoners released early from prison.

14 The Park District continues to use its Explore Positive Alternatives messaging first developed and introduced to the community during the annual Simi Valley Days Parade.
RELATED INFORMATION APPEARING IN
PARK DISTRICT’S SPRING/SUMMER 2014
SIMI VALLEY REPORTER BROCHURE AND OAK PARK
RECREATION AND PARK NEWS BROCHURE
UPCOMING CEREMONIES
AT RANCHO TAPO COMMUNITY PARK
AND VETERANS' PLAZA

Ceremonies to honor veterans are scheduled on June 6 to commemorate D-Day and July 4 for Independence Day. Both occasions will be held at 10:00 a.m. at Rancho Tapo Community Park and Veterans Plaza, 3700 Avenida Simi. Admission is free and the public is encouraged to attend. Bring your lawn chair and a picnic lunch so that you can make a day of it.

Rancho Tapo Community Park and Veterans' Plaza is open daily for visitors to stroll around the reflecting pond, watch the fountains spray toward the sky and read the names of more than 1,500 donors and veterans engraved into the granite panels while sharing the experience of the unique art pieces. While standing inside the ceremonial circle, visitors may read and contemplate the messages contained in quotes from each war in which America has been involved from the American Revolution to Desert Storm.

For more information about the park or upcoming ceremonies contact Colleen at (805) 584-4453 or by e-mail at colleen@rsrdp.us.

PICNIC PAVILIONS AVAILABLE FOR USE

Clubs, groups, businesses, and service organizations needing an outdoor area to hold a meeting or a group picnic should call the Rancho Simi Recreation and Park District and make a reservation to use one of the outdoor picnic pavilions in Simi Valley. For more information, call the District office (805) 584-4400.

RESOURCES FOR YOURSELF AND YOUR FAMILY

You may pick up a brochure with this information to share with others at the Rancho Simi Recreation and Park District office; 1692 Sycamore Drive, Simi Valley, Main lobby, door A-2. Multiple brochures for your business location may be obtained by contacting colleen@rsrdp.us.

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Phone</th>
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<tbody>
<tr>
<td>2-1-1 Ventura County Resources</td>
<td><a href="http://www.211ventura.org">www.211ventura.org</a></td>
<td>(800) 339-9597</td>
</tr>
<tr>
<td>Action Family Services</td>
<td></td>
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<tr>
<td>Mental Illness or Chemical Dependency</td>
<td><a href="http://www.actionfamilycounseling.com">www.actionfamilycounseling.com</a></td>
<td>(805) 584-3258/(800) 367-8336</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td><a href="http://www.aaventuracounty.org">www.aaventuracounty.org</a></td>
<td>(805) 522-1300/(800) 990-7750</td>
</tr>
<tr>
<td>Heroin.net</td>
<td><a href="http://www.heroin.net">www.heroin.net</a></td>
<td>(877) 895-0746</td>
</tr>
<tr>
<td>Narcotics Anonymous</td>
<td><a href="http://www.simifamilygroup.com">www.simifamilygroup.com</a>; <a href="http://www.nar-anon.org">www.nar-anon.org</a></td>
<td>(888) 672-9318/(818) 773-9999</td>
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<tr>
<td>Ventura County Behavioral Health.</td>
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<tr>
<td>Alcohol &amp; Drug Programs</td>
<td><a href="http://www.venturacountylimits.org">www.venturacountylimits.org</a></td>
<td>(805) 577-1724</td>
</tr>
<tr>
<td>Simi Valley Free Clinic &amp; Services</td>
<td><a href="http://www.freeclinics.com">www.freeclinics.com</a></td>
<td>(805) 522-3733</td>
</tr>
<tr>
<td>Tarzana Treatment Center</td>
<td><a href="http://www.tarzanatc.org">www.tarzanatc.org</a></td>
<td>(800) 996-1051</td>
</tr>
<tr>
<td>Prototype Women's Center</td>
<td>(805) 382-6296/(805) 832-2995</td>
<td></td>
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<tr>
<td>New Start for Moms Drug &amp; Alcohol</td>
<td>(805) 981-9250</td>
<td></td>
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<tr>
<td>Aegis Methadone Clinic</td>
<td>(805) 522-1844</td>
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<tr>
<td>Drug Free.org</td>
<td><a href="http://www.drugfree.org">www.drugfree.org</a></td>
<td>(855) 378-4373</td>
</tr>
<tr>
<td>Suicide Prevention Line and Referrals</td>
<td><a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a></td>
<td>(800) 273-8255/(800) 662-4357</td>
</tr>
<tr>
<td>Intervention Institute</td>
<td>(805) 379-3611</td>
<td></td>
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<tr>
<td>Wellness Every Day</td>
<td><a href="http://www.wellnesseveryday.org/resources">www.wellnesseveryday.org/resources</a></td>
<td></td>
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<tr>
<td>Interface Family Services</td>
<td><a href="http://www.ifcs.org">www.ifcs.org</a></td>
<td>(805) 485-6114</td>
</tr>
<tr>
<td>Heroin Kills</td>
<td><a href="http://www.heroinkills.org">www.heroinkills.org</a></td>
<td></td>
</tr>
<tr>
<td>Samaritan Center of Simi Valley</td>
<td><a href="http://www.thesamaritancenterofsimivalley.org">www.thesamaritancenterofsimivalley.org</a></td>
<td>(805) 579-9166</td>
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<tr>
<td>Community Pregnancy Clinic</td>
<td>(805) 583-3590</td>
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<tr>
<td>Ventura County Child Protective Services</td>
<td>(805) 654-3200</td>
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<tr>
<td>Ventura County Dept of Child Support Services</td>
<td><a href="http://www.ventura.org/dcss/outreach-services">www.ventura.org/dcss/outreach-services</a></td>
<td>(805) 437-8260</td>
</tr>
<tr>
<td>Treatment Center Hotline</td>
<td>(877) 822-7504</td>
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<tr>
<td>Ca. Dept. of Alcohol &amp; Drug Programs</td>
<td><a href="http://www.adp.state.ca.us">www.adp.state.ca.us</a></td>
<td>(800) 879-2772</td>
</tr>
<tr>
<td>A Light of Hope</td>
<td><a href="http://www.ahilightservices.org">www.ahilightservices.org</a></td>
<td>(661) 513-4325</td>
</tr>
<tr>
<td>Not One More</td>
<td><a href="http://www.notonemore.net">www.notonemore.net</a></td>
<td>(805) 242-6662</td>
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COMMUNITY PARTNERS

Rancho Simi Recreation & Park District • City of Simi Valley
Simi Valley Unified School District • Simi Valley Chamber of Commerce • Not One More
AMERICAN HEART ASSOC.  12 yrs-Adult with CPR for Life, LLC CPR/AED/First Aid
This American Heart Association is designed for NON-medical participants that need a course certification card. Required: CPR AED for adults. Child and infant CPR are optional. Each person will practice with their own manikin and pocket mask. First Aid: includes signs and symptoms of a heart attack and stroke, bleeding, burns, bee stings, EPI pens, seizures, poisoning, choking, heat and cold related emergencies. Each participant will receive a manual and a 2-year American Heart Association card. Cards can be issued immediately. Class includes a 30-minute lunch break. $25 non-refundable lab fee payable to the instructor is due on the day of class.
33351 1 Sa 9:00 a-4:00 p $67 $60

Pediatric First Aid/CPR/AED
This American Heart Association course is specifically designed for NON-medical participants who work with all ages of children. (teachers, aides, counselors, camps, afterschool programs, coaches, nannies, babysitters). This program meets or exceeds the requirements for daycare licensing by EMSA. Required: CPR/AED for Child, Infant CPR. Adult CPR/AED is optional. Class includes: Bleeding, burns, EPI pens, seizures. (CA required) asthma training, shock, diabetes, heat and cold related emergencies, muscle/bone injuries, suspected abuse, fever and choking. Upon completion of the course, a 2-year American Heart Association card can be issued immediately. Class includes a 30-minute lunch break. $25 non-refundable lab fee payable to the instructor is due on the day of class.
33352 1 Sa 9:00 a-4:00 p 7/26 $65
33353 1 Sa 9:00 a-4:00 p 8/9 $65
Location: RSSCC, Recreation Room A

BABYSITTER TRAINING by CPR for Life, LLC  12-15 yrs
ECSI Educational Center
American Academy of Pediatrics - B.L.A.S.T. (Babysitters Lessons and Safety Training). Includes business development, professional behavior, decision making skills, personal safety, baby care (holding, burping, feeding, diapering), choking skills, and First Aid* information for bleeding, bee stings etc. Each participant will receive their own babysitting handbook, materials and babysitting certificate. Bring sack lunch and old towel. $20 cash material fee due at class to the instructor.
*This class DOES NOT qualify for a CPR or First Aid certificate.
33281 1 Sa 8:30 a-2:30 p 5/10 $45
Location: RSSCC, Recreation Room
33282 1 W 8:30 a-2:30 p 7/16 $45
33283 1 W 8:30 a-2:30 p 8/13 $45
Location: RSSCC, MP-A

HOCKEY OUTREACH
Co-sponsored program by Iceoplex and Rancho Simi Recreation and Park District, Hockey Outreach is being offered for fun, fitness and constructive lifestyle encouragement and development. Participants will also be surveyed for interests for additional seminars dealing with trade and job hunting trainings. Skating, instruction AND EQUIPMENT are all supplied at no charge! All interested are encouraged to put their name on an "interest list" and will be contacted when enough people have shown interest. Call 805 584 4400 or registered online at www.rspgd.org.
33350 Wed 9:00 a-10:00 a Iceoplex

TEEN TENNIS CLASSES with Linda Hodgkinson and Staff
Beginning 10-15 yrs
33229 5 Sa 9:30-10:15 a 4/19-5/17 $35
33230 5 Sa 9:30-10:15 a 5/31-6/28 $35
33231 5 Sa 9:30-10:15 a 7/12-8/8 $35
Intermediate 10-15 yrs
33232 5 Sa 10:30-11:15 a 4/19-5/17 $35
33233 5 Sa 10:30-11:15 a 5/31-6/28 $35
33234 5 Sa 10:30-11:15 a 7/12-8/8 $35
Location: RSCP, Tennis Court #1 & #2

SIGN LANGUAGE 10 yrs-Adult with Vicki Alderete
Beginning Sign Language and basic vocabulary.
33403 6 Tu 6:30-7:30 p 6/10-7/15 $36
Location: SDCC, Recreation Room

The best part..... you choose the class and time to meet your Fitness needs.

SEE SCHEDULE IN ADULT SPORTS & FITNESS SECTION

Rancho Simi Reporter  (805) 584-4400
Even with friends and family around, someone experiencing emotional pain or suicidal thoughts can feel isolated. You may sense something is wrong, but not realize how serious it is. Trust your instincts. The warning signs — like withdrawal, depression or hopelessness — are there, but not always obvious. Visit suicidelpreventable.org to learn the signs, find the words and reach out. You have the power to make a difference. The power to save a life.

Learn the signs at suicidelpreventable.org

FREE Mental Health First Aid Training
Learn how to help with a certificated free 6-hour training course in Mental Health First Aid. Learn a 5-step action plan, gain tools and resources. Visit www.rmphd.org or call 805-584-4400 for training dates.
CLASSES SUBJECT TO CANCELLATION
IF MINIMUM ENROLLMENT IS NOT MET.

Dr. Sears L.E.A.N. (Lifestyle/Exercise/Attitude/Nutrition)
Workshops  Adult
with Terri Buel, certified Health Coach through Dr. Sears Wellness Institute

L.E.A.N. Start
Interactive and fun, practical solutions and activities for parents of school-aged children. These simple and time saving ideas will enhance a child’s health, develop healthy habits for the entire family and make a parent’s life easier. $10 cash material fee due to instructor at first class for Parents and Caregivers Guide.
33387 6 Tu 6:30-7:30 p 4/22-5/27 $75
Location: SDCC, Recreation Room

MENTAL HEALTH FIRST AID
USA  Ages 18+
This program is being offered by Ventura County Behavioral Health as part of the Prevention and Early Intervention effort through Mental Health Services (MHSA) dollars. A FREE 8-hour certification course to help our community better understand mental health and respond to emergencies. It is far more likely that most people will encounter an “emotional emergency” (distress, panic, substance abuse) than a heart attack or stroke. Those who take the course learn a tested 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social and self-help care. (More details at www.MentalHealthFirstAid.org and online registration available at www.rsrpd.org). Now offering CEU’s!
33389 Tu/W 9:00 a-1:30 p 5/6-5/7*
Location: Simi Valley Hospital
33390 Tu/W 9:00 a-1:30 p 6/17-6/18*
Location: RSSCC
Location: 3 Tu 5:30-8:30 p 7/15, 22, 29*
Location: New Heart Foursquare Church
33394 Tu/W 9:00 a-1:30 p 8/12-8/13*
Location: RSSCC
*Must attend all 8 hours to receive a certificate of completion. Participants will be given a 30 minute lunch break and are encouraged to bring their lunch and eat onsite.

HOME OWNERSHIP  Adult
Understanding the Process of with Dedree Hoyt
In two hours, explore one of life’s most important processes of buying your own home or investment. Workshop will cover short sales, foreclosures, bank owned, first-time buyers programs escrow, lending, inspections, taxes and more. Together we will answer your questions and increase your understanding.
33389 1 Sa 9:00-11:00 a 5/3 $10*
33390 1 W 7:00-9:00 p 7/16 $10*
Location: SDCC, C-1
*$8.50 each if registering with an additional person. (Discount rate NOT available through online registration.)

PARENTING IS A TOUGHS JOB!
Are you interested in building a better relationship with your child and enhancing your parenting skills? Join the Positive Parenting Program (Triple P) in a series of three seminars that will discuss positive parenting, raising confident and competent children and resiliency. Parents/caregivers will learn the six building blocks of positive parenting, how to foster social/emotional skills so children develop confidence and reach their full potential, and how to prevent emotional problems. These seminars are for parents and caregivers of children ages zero to 12.

The Power of Positive Parenting
33395 1 Th 6:30-8:30 p 5/15 Free*
Raising Confident, Competent Children
33396 1 Th 6:30-8:30 p 6/12 Free*
Raising Resilient Children
33397 1 Th 6:30-8:30 p 7/10 Free*
*Spaces limited, pre-registration required.
*One-on-one and small group sessions available for further support. Call 805-584-4400 for more information.

SPRING/SUMMER 2014 ———— Register online www.rsrpd.org ———— • 53 •
Pediatric First Aid/CPR/AED
This American Heart Association course is specifically designed for NON-medical participants who work with all ages of children. (teachers, aides, counselors, camps, afterschool programs, coaches, nannies, babysitters). This program meets or exceeds the requirements for daycare licensing by EMSA. Required: CPR/AED for Child, Infant CPR. Adult CPR/AED is optional. Class includes: Bleeding, burns, EPI pens, seizures, (CA required) asthma training, shock, diabetes, heat and cold related emergencies, muscle/bone injuries, suspected abuse, fever and choking. Upon completion of the course, a 2-year American Heart Association card can be issued immediately. Class includes a 30-minute lunch break. $25 non-refundable lab fee payable to the instructor is due on the day of class.
33351 1 Sa 9:00 a-4:00 p 6/7 $60
33352 1 Sa 9:00 a-4:00 p 7/26 $65
33353 1 Sa 9:00 a-4:00 p 8/9 $65
Location: RSSCC, Recreation Room A

CARDS & MORE!!!  16 yrs-Adult with Maureen Rauchfuss
Independent "Stampin' Up" demonstrator and Sr. manager for over 15 years. Her motto: "It's All About the Fun!"
Learn the "Art" of papercrafting. Make 3 beautiful hand stamped greeting cards each week learning new layouts, techniques and styles. $3 cash material fee due to instructor at first class. New cards featured each week and not repeated during the 3 listed sessions.
33398 2 Tu 6:30-8:30 p 4/29-5/6 $25
33399 2 Tu 6:30-8:30 p 5/27-6/3 $25
33400 2 Tu 6:30-8:30 p 6/24-7/1 $25
Location: SDCC, B-1

Community Resources

Taskforce on Homelessness
www.simivalley.org
805-583-6861

Alcoholics Anonymous
www.aaventuracounty.org
805-522-1300

Narcotics Anonymous
www.ccrna.net/County_Line.html
818-773-9999

Overeaters Anonymous
www.overeatersanonymous.org
505-891-2664

Action Family Services
Mental illness or chemical dependency services/treatment
www.actionfamilycounseling.com
805-584-3258

The Landing
52 wk program for youth with drug or relational challenges.
www.simivalleycommunitychurch.org
805-526-8075

Celebrate Recovery
Help for those struggling with hurts, habits & hang-ups
www.celebratereccovery.com

Nar-Anon
For those affected by someone else's addiction
www.nar-anon.org

Simi Valley Free Clinic
Medical, dental, counseling, legal services
www.freeclinicsw.com
805-522-3733

Crisis Pregnancy Center
805-583-3590

Ventura County Child Protective Services
805-654-3200 (24 hrs)
RESIDENTS ARE INVITED TO PARTICIPATE IN THE DISTRICT'S BUDGET PROCESS

The District's next fiscal year begins July 1, 2014. Preparation of the annual budget has already begun. The public is encouraged to participate in this process and is invited to attend a public hearing. There are two public hearings currently scheduled.

The purpose of these hearings is to provide residents with an opportunity to appear before the District’s Board of Directors and to provide input regarding issues relating to any item on the budget. Residents are also welcome to request the inclusion of additional items.

The public review process will take place during regularly scheduled board meetings held in Oak Park and Simi Valley during the months of July and August. “It is important that the board receive public input during the budget process to ensure adequate consideration is given to areas of concern” said Park Board Chair Mark Johnson.

A copy of the proposed budget is available for review in the main lobby at the Sycamore Drive Community Center, 1692 Sycamore Drive, Simi Valley. Upon request, you may obtain a copy of the budget electronically or by regular mail. Residents who have questions regarding the budget or the budget process are welcome to call the District’s Business and Accounting Supervisor Theresa Pennington at (805) 584-4400. The two public hearings will take place as follows:

TIME DATE LOCATION
6:30 p.m. July 17, 2014 Oak Park
Buena Vista Room
Oak Park Community Center
1000 N. Kanan Road
Oak Park, CA 91377

6:30 p.m. August 21, 2014 Simi Valley
Recreation Room
Sycamore Drive Community Center
1692 Sycamore Drive
Simi Valley, CA 93065

Sign up when it’s convenient for you.
Were open online 24 hours.
www.rsrdp.org

Dogs must be on leash and under the owner’s control at all times on District properties and parks.

View information about park rules and regulations on the District's website:
www.rsrdp.org

Time Warner Cable®
RSRPD on TV
LOCAL EDITION SEGMENT

Throughout the year, watch for Rancho Simi Recreation and Park District on “Local Edition,” on various channels, Video on Demand Channel 1, and on YouTube. The segments are produced as a community partnership by the local Time Warner Cable staff. Future segment productions are planned for airing throughout the year.

The segments focus on local news and information, reaching nearly two million viewers across Southern California. Guests include elected officials, non-profit executives, educators, and others who set the content and communicate their message to the public through this locally-based program.

Rancho Simi Recreation and Park District utilizes their segment time to update residents about district events, the volunteer program, classes, events, parks, and other topics of general interest. Watch for our “Local Edition” segments on TV, Video on Demand Channel 1 on the “In the Community” folder on Time Warner Cable, and on YouTube by searching for the name Colleen Janssen.

DROP BOX

The Simi Valley Police Department has a drop box where drugs may be dropped off for disposal.

Place all medications in a zip-type plastic bag, then drop the bag off in the container pictured at right 24 hours/7 days in the station’s lobby.

The Simi Valley Police station is located at the corner of Tapo Canyon Road at Alamo Street.
RSRPD ON TV LOCAL EDITION SEGMENT
Throughout the year, watch for Rancho Simi Recreation and Park District on “Local Edition,” on various channels, on Video on Demand Channel 1, and on YouTube. The segments are produced as a community partnership by the local Time Warner Cable staff. Future segment productions are planned for airing throughout the year.

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Call (818) 865-9304 or visit our website at www.rsrpd.org for program and registration information.

INSTRUCTORS NEEDED
Do you have a special skill or hobby? Would you like to share it with others? The Rancho Simi Recreation and Park District is always looking for instructors to teach recreational programs. For more information, call (818) 865-9304.

RESOURCES FOR YOURSELF AND YOUR FAMILY
You may pick up a brochure with this information to share with others at the Oak Park Community Center & Gardens, 1000 N. Kanan Rd., Oak Park. Multiple brochures for your business location may be obtained by contacting colleen@rsrpd.us.

211 Ventura County Resources
www.211ventura.org
800-339-9597

Action Family Services
Mental Illness or Chemical Dependency
www.actionfamilycounseling.com
805-584-3258/800-367-8336

Alcoholics Anonymous
www.aaventuracounty.org
805-522-1300/800-990-7750

Heroin.net
www.heroin.net
877-795-0746

Narcotics Anonymous
www.simifamilygroup.com; www.nar-anon.org
888-672-9318/818-773-9999

Ventura County Behavioral Health
Alcohol & Drug Programs
www.venturacountylimits.org
805-577-1724

Simi Valley Free Clinic & Services
www.freclinics.com
805-522-3733

Tarzana Treatment Center
www.tarzanatic.org
800-996-1051

Prototype Women’s Center
805-382-6296/805-832-2995

New Start for Moms Drug & Alcohol Program
805-981-9250

Agnes Methadone Clinic
805-522-1844

Drug Free.org
www.drugfree.org
855-378-4373

Suicide Prevention Line and Referrals
www.suicidepreventionlifeline.org
800-273-8255/800-662-4357

Intervention Institute
805-379-3611

Wellness Every Day
www.wellnesseveryday.org/resources
805-485-6114

Interface Family Services
www.ifcs.org...
805-579-9166

Heroin Kills
www.herionkills.org
805-583-3990

Samaritan Center of Simi Valley
www.thesamaritancenterofsimalvalley.org
805-654-3200

Community Pregnancy Clinic
805-437-8260

Ventura County Child Protective Services
877-822-7504

Ventura County Dept of Child Support Services
www.venturacounty.ca.us
800-879-2772

Treatment Center Hotline
www.azhealthhopes.org
661-513-4325

Not One More
www.notonenmore.net
805-242-6662

COMMUNITY PARTNERS - Rancho Simi Recreation & Park District • City of Simi Valley
Simi Valley Unified School District • Simi Valley Chamber of Commerce • Not One More
COPIES OF PAGES FROM DISTRICT’S WEB SITE
DRUGS DESTROY PAGES WITH INFORMATION AND
IMPORTANT LINKS
DRUGS DESTROY

Rancho Simi Recreation and Park District provides active, healthy, family-oriented parks and recreation activities. We hope that you and your family will take the time to visit the many different parks around town. You can learn more about them and the many recreation activities offered throughout the year on our web site. There are many opportunities to play ball, watch nature, relax, and even reflect on the history of Simi Valley. Our web site also allows you to register for activities on-line, and provides you with the latest information about upcoming events.

The Park District is firmly committed to a drug-free environment, as there are far too many examples of drug use tearing apart families and destroying people’s lives. The potential in each of us should have every opportunity to develop with great friendships, supportive families, healthy relationships, and plenty of opportunities for education and recreational experiences.

Not too long ago it became increasingly clear that heroin use was on the rise in many parts of the country, including Ventura County. As overdoses and deaths increased, families stepped forward and urgently asked the City of Simi Valley to do something to stop the devastation. In response, the City of Simi Valley, the Simi Valley Unified School District and the Rancho Simi Recreation and Park District, and representatives of Not One More formed the Heroin Task Force to hear from the community, consider what could be done, and develop responsive strategies for implementation.

Throughout the proceedings it became clear that drug and alcohol abuse can have profound negative consequences for users and also for their family, friends and fellow community members. For your information, the members of the Heroin Task Force and their contact information are listed below. The Task Force’s meeting information and other important links are also provided. You may find these resources helpful in learning what to look for and how to respond to a family member or friend’s drug or alcohol use and/or abuse. We hope you find this information helpful. If you have suggestions for improvement, please let us know by clicking on the suggestions tab on our home page and sending us a brief note.

Miscellaneous Upcoming Events
(please see the bottom of this page for The Heroin Taskforce's Meeting Schedule)

Hockey Outreach Program
An Outreach program designed for Teens
Wednesdays, from 9:00am - 10:00am
Iceoplex Ice Arena - Simi Valley,
click here for an event flyer with all the details.

Mental Health First Aid USA
Helping communities better understand mental illness and
respond to psychiatric emergencies - overview of mental
illness and substance abuse disorders.
click here for a flyer for the April 2014 meetings

Local "Things for Teens" To Do Do
(keep em busy - find a hobby, sport, activity or....)

As a Park District, we have lots of things for Teens to do,
in fact we have a whole webpage dedicated to Teens

click here to go to our Teens webpage

click here to go to our Upcoming Events webpage

click here for the Simi Valley Activities and Class Brochure Webpage

click here for the Oak Park Activities and Class Brochure Webpage

click here for Simi Valley Adult Sports (ages 18 up)

click here for Oak Park Adult Sports (ages 18 up)

click here for Basketballs Open Gym Schedule - RSSCP Simi Valley

click here for Volleyball Open Gym Schedule - RSSCP Simi Valley

click here for Open Court Schedule - OPCCG Oak Park

Miscellaneous Publications/Resources

"Tri-City Anti-Drug Summit Video"

click here to view the video
(The City of Santa Clarita invited neighboring cities Thousand Oaks and Simi Valley to a Tri-City Anti-Drug Summit on Wednesday, June 26, 2013 to address the issue of heroin and prescription drugs being abused by teens within each community)

"Cyber Bullying"

click here for the Brochure
(Made possible through Ventura County Behavioral Health, a department of Ventura County Health Care Agency.)
"Drugs and Alcohol Destroy"
   click here for the tri-fold Brochure
(created by the Rancho Simi Recreation and Park District right click here and choose "save target as" to
download the printable MS Word version if you would like to print your own copies and distribute.)

"KeepSafe Connections"
   click here for a list of Great Contact Information

The Landing - Simi Valley Community Church
   Sundays @ 7pm in the Youth Room
   click here to access their website
   The Landing is a youth group for students who have unique life situations that have caused behavior and
   attitude difficulties, such as addiction, suicidal thoughts, anger issues, depression, or any behaviors that
   interfere with normal development. The Landing deals with establishing good habits and satisfying, trusting
   relationships in a 52 week program that focuses on correcting thought patterns and listening with loving,
   supportive ears.

Michigan Defense Attorney Firm
   The following link will take you to a web site that is maintained by a Michigan Defense Attorney Firm. Their site lists many related articles that you may find
   informative. Here is a link to an article called "How to say NO to Drugs".
   http://www.grabellaw.com/how-to-say-no-to-drugs.html

"Transitions Program"
   click here for the Brochure

Ventura County Special Education Local Plan Area (SELPA)
   "My child has Emotional and Behavioral Challenges....How can I find help?"
   Here is their brochure- English version Spanish version
Safety Plan for Your Child/Youth

IF YOUR CHILD/YOUTH:

0 to 2 years old:
- Is threatening to harm itself
- Is threatening to harm all school and co-
  operation peers
- Is presenting as gravely disabled (may
  include signs of psychiatric)
  - Under 18, unable to accept care for
    primary needs from others
  - 18-20, unable to care for primary
    needs of self
- Is engaging in dangerous or risky behavior
  (burning unto tigers, taking
  Abraham-like trips of adventure)

0 to 18 years old:
- Has erratic/escalating behavior or mood
- Is verbally abusive
- Is refusing to take medications
- Is threatening to run away
- Is refusing to go to school

12 to 17 years old:
- Is a homeless or street youth or is facing
  homelessness
- Has been kicked out of the house
- Is coach surfing
- Is a runaway or threatening to run away
- Needs information and resources

CALL:

Call 911 immediately and
Request a Crisis Intervention
Team (CIT) Trained Officer
24 hours/7 days a week

Casa Pacifica
Children's Intensive Response
Team (CIRT)
1-866-431-2478
24 hours/7 days a week

United Parents
(805) 384-1555
Monday-Friday/9:00am-5:00pm

Interface Youth Crisis Line
(805) 469-5882
24 hours/7 days a week

Wellnesseveryday.org  Revised 01/14
Plan de Seguridad para sus niños / jóvenes

SI SU NIÑO / JOVEN:

1. No se sienta seguro:
   - Amenaza con maltrato
   - Amenaza con chantaje
   - Amenaza con maltrato
   - Amenaza con el uso de armas

2. Atrapado en el hogar:
   - Suelta al niño a tiempo para que se escape
   - Fugarse
   - Amenaza con fugarse

3. De 0 a 18 años de edad:
   - Comportamiento o carácter errático
   - Verbales abusivos
   - Se rehúsa a tomar medicamentos
   - Amenaza con fugarse
   - Se rehúsa a ir a la escuela

4. De 12 a 17 años de edad:
   - Es un jefe en sin hogar o que vive en la calle
   - Lo han echado de su casa
   - Duerme en el sofá de quien encuentra
   - Se ha escapado o amenaza escaparse
   - Necesita información y recursos

LLAME:

- Llame al 911 inmediatamente y pida un oficial capacitado en Equipos de Intervención en Situaciones de Crisis (GIT) – 24 horas al día/7 días a la semana

- Casa Pacifica
  Equipo de Intervención de Urgencia en Crisis Infantil (CIRT)
  1-866-431-2478
  24 horas al día/7 días a la semana

- United Parents (Padres Unidos)
  (805) 551-0472
  Lunes-Viernes 9:00 am – 5:00 pm

- Interface Youth Crisis Line
  (Línea de Ayuda a menores en crisis)
  (805) 469-5882
  24 horas al día/7 días a la semana

Community Contact Information

2-1-1 Ventura County
Extensive Resource Links
DIALING 211 will....
connect you with a live person 24 hours a day, 7 days a week, in English or Spanish, who can help with information about services available to those in need including: basic needs resources (i.e. food, clothing, and shelter), physical and mental health resources, domestic violence services, substance abuse services, employment support, rent and utility assistance, senior services, services for persons with disabilities, support for children, youth and families, legal assistance and much more.

www.211ventura.org
call 211 (or 800-339-9597)

Action Family Service
Mental Illness or chemical dependency Services/treatment
www.actionfamilycounseling.com
805-584-3258

Alcoholics Anonymous
www.aaventuracounty.org
805-522-1300

Celebrate Recovery
help for those struggling with hurts, habits and hang-ups
www.celebraterecovery.com

City of Simi Valley
Service Directories Citizen Advisor
www.ci.simivalley.ca.us
805-583-6861

Community Coalition United
communitycoalitionunited.org

Crisis Pregnancy Center
805-583-3590

DrugFree.org
www.drugfree.org

HBO-Docs Addiction Website
www.hbo.com/addiction

Heroin.net
www.heroin.net

HeroinKills.org
www.heroinkills.org
Family resources, mental health services, referrals, family
violence intervention, substance abuse

www.icfs.org
805-485-6114

Nar-Anon
For those affected by someone else’s addiction

www.nar-anon.org

Narcotics Anonymous
www.ccna.net/County_Line.html
818-773-9999

Not One More
www.notonemore.net

Overeaters Anonymous
www.overeatersanonymous.org
505-891-2664

The Samaritan Center
www.thesamaritancenterofsimi.org
Assistance with becoming independent and self reliant
805-579-9166

Simi Valley Free Clinic
Medical, dental, counseling, legal services
www.freclinicsyv.com
805-522-3733

Simi Valley Unified School District
Links to substance abuse and cyberbullying resources
www.simi.k12.ca.us
805-306-4500

Taskforce on Homelessness
www.simivalley.org
805-583-6861

Ventura County Behavioral Health, Alcohol and Drug
Programs, Youth Services webpage
venturacountylimits.org/resources/article/B390D4/ventura-
county-behavioral-health,-youth-services-programs

Ventura County Child Protective Services
805-654-3200 (24 hrs)
Ventura County Department of Child Support Services  
5171 Verdugo Way, Camarillo, CA 93012  
866-901-3212  
www.ventura.org/department-of-child-support-services

Ventura County Resource Database  
http://www.icfs.org/211_database_search.html  
If you have difficulty finding resources through an online search, dial 2-1-1 so a 2-1-1 Call Specialist can assist you.

Wellness Everyday Website’s Resource Page  
(In English and Spanish)  
www.wellaswesday.org/resources

Your Voice Counts  
www.yourvoicecounts.org

The Heroin Task Force

The Heroin Task Force represents the cooperative efforts of three agencies in Simi Valley, The City of Simi Valley, The Simi Valley Unified School District and the Rancho Simi Recreation and Park District. These agencies are all working together to improve the efforts to help keep Heroin out of our Community. Click here to see the "Simi Valley Task Force on Heroin Summary Report"

THREE AGENCIES RELATED WEBPAGE’S

City of Simi Valley’s related webpage  
Simi Valley Unified School District’s related webpage  
Rancho Simi Recreation and Park District’s related webpage

HEROIN TASK FORCE CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Member</th>
<th>Appointing Entity</th>
<th>E-mail Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mike Judge</td>
<td>City of Simi Valley</td>
<td><a href="mailto:mjudge@simivalley.org">mjudge@simivalley.org</a></td>
</tr>
<tr>
<td>Mayor Pro Tem</td>
<td>City of Simi Valley</td>
<td></td>
</tr>
<tr>
<td>Task Force Chair</td>
<td>City of Simi Valley</td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Position</td>
<td>Email</td>
</tr>
<tr>
<td>---------------------</td>
<td>-----------------------------------------------</td>
<td>------------------------------</td>
</tr>
<tr>
<td>Rob Collins</td>
<td>President, Task Force Vice-Chair</td>
<td><a href="mailto:robdisimi@aol.com">robdisimi@aol.com</a></td>
</tr>
<tr>
<td>Bob Huber</td>
<td>Mayor</td>
<td><a href="mailto:bhuber@simivalley.org">bhuber@simivalley.org</a></td>
</tr>
<tr>
<td>Dan White</td>
<td>Trustee</td>
<td><a href="mailto:danwhite@interdealer.com">danwhite@interdealer.com</a></td>
</tr>
<tr>
<td>Kate O'Brien</td>
<td>Director</td>
<td><a href="mailto:katieoliberty@gmail.com">katieoliberty@gmail.com</a></td>
</tr>
<tr>
<td>Gene Hostetler</td>
<td>Director</td>
<td><a href="mailto:akamrbuff@aol.com">akamrbuff@aol.com</a></td>
</tr>
<tr>
<td>Mike Nolan</td>
<td>Board Chair</td>
<td><a href="mailto:michael_nolan@us.afiac.com">michael_nolan@us.afiac.com</a></td>
</tr>
<tr>
<td>Susan Klimusko</td>
<td></td>
<td><a href="mailto:susank@notonemore.net">susank@notonemore.net</a></td>
</tr>
<tr>
<td>Pat Montoya</td>
<td></td>
<td><a href="mailto:pmontoya@notonemore.net">pmontoya@notonemore.net</a></td>
</tr>
<tr>
<td>Pastor Kevin</td>
<td></td>
<td><a href="mailto:kdlogos@aol.com">kdlogos@aol.com</a></td>
</tr>
<tr>
<td>Dieckelman</td>
<td></td>
<td><a href="mailto:paul@4svcc.org">paul@4svcc.org</a></td>
</tr>
<tr>
<td>Pastor Dr. Paul Weir</td>
<td></td>
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</tr>
</tbody>
</table>

**HEROIN KILLS**

PUBLIC SERVICE ANNOUNCEMENT

click here to watch
# HEROIN TASK FORCE MEETINGS
(dates, times, locations, agendas and reports)

## Sept. 23rd, 2013

**Time:** 6:00 P.M.  
**Location:** Simi Valley City Hall, City Council Chamber  
**Address:** 2929 Tapo Canyon Road, Simi Valley, Ca

**Agenda**

- Meeting Notes - June 17th, 2013
- City of Simi Valley - Updates to the Strategies Recommended by the Taskforce
- Rancho Simi Recreation and Park District - Related Actions, June - August 2013
- Faith Community Updates to the Taskforce
- Agenda Item VII - Discussion of Agencies’ Updates
- Agenda Item VIII - Discussion of the Role of the Faith Based Community
- Not One More - Report

## June 17th, 2013

**Time:** 6:00 P.M.  
**Location:** Simi Valley City Hall, City Council Chamber  
**Address:** 2929 Tapo Canyon Road, Simi Valley, Ca

**Agenda**

- Feb. 27, 2013 Meeting Notes
- Discussion of Appointees from the Faith Community
- Update - Strategies to Combat Heroin Abuse

**BELOW ARE PRESENTATIONS AND REPORTS FROM THE ACTUAL MEETING**

- Report from SVUSD
- Report from RSRPD
- Report from City

## Feb. 27th, 2013

**Time:** 6:00 P.M. - 8:00 P.M.  
**Location:** Simi Valley City Hall, City Council Chamber  
**Address:** 2929 Tapo Canyon Road, Simi Valley, Ca

**Agenda**

- Minutes (9-12-12)
- Memorandum
- Attachments - Revised

**BELOW ARE PRESENTATIONS AND REPORTS FROM THE ACTUAL MEETING**

- RSRPD - slide show (pdf)
SVUSD - slide show (pdf)
Reclaiming Futures - slide show (pdf)
RSRPD - Reporter Articles
SVPD - Demographic Report

Sept. 12th, 2012
Time: 6:00 P.M.
Location: Simi Valley City Hall, City Council Chamber
Address: 2929 Tapo Canyon Road, Simi Valley, Ca
Agenda

July 31st, 2012
Time: 6:00 P.M. - 8:00 P.M.
Location: Simi Valley City Hall, City Council Chamber
Address: 2929 Tapo Canyon Road, Simi Valley, Ca
Agenda
Meeting Notes

June 28th, 2012
Time: 6:00 P.M. - 8:00 P.M.
Location: Simi Valley City Hall, City Council Chamber
Address: 2929 Tapo Canyon Road, Simi Valley, Ca
Agenda

May 30th, 2012
Time: 6:00 P.M. - 8:00 P.M.
Location: Simi Valley City Hall, City Council Chamber
Address: 2929 Tapo Canyon Road, Simi Valley, Ca
Agenda
Discussion of City of Simi Valley Resources Allocated to Youth Service and Drive Interdiction/Prevention Programs

May 8th, 2012
Time: 6:00 P.M. - 8:00 P.M.
Location: Simi Valley City Hall, City Council Chamber
Address: 2929 Tapo Canyon Road, Simi Valley, Ca
Agenda
Meeting Notes
<table>
<thead>
<tr>
<th>April 30th, 2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Time:</strong> 7:00 P.M. - 9:00 P.M.</td>
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<tr>
<td><strong>Location:</strong> Simi Valley City Hall, City Council Chamber</td>
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<tr>
<td><strong>Address:</strong> 2929 Tapo Canyon Road, Simi Valley, Ca</td>
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</tbody>
</table>

**Agenda**

<table>
<thead>
<tr>
<th>April 10th, 2012</th>
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<tbody>
<tr>
<td><strong>Time:</strong> 6:30 P.M. - 8:30 P.M.</td>
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<tr>
<td><strong>Location:</strong> Sinaloa Middle School, Multi-Purpose Room</td>
</tr>
<tr>
<td><strong>Address:</strong> 601 Royal Ave, Simi Valley, Ca</td>
</tr>
</tbody>
</table>

**Agenda Packet**

Meeting Notes
CURRENT CALENDAR OF EVENTS AND RELATED EVENT FLYERS THAT HAVE BEEN POSTED ON THE UPCOMING EVENTS PORTION OF THE PARK DISTRICT’S WEB SITE
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 4</td>
<td>Sharing Strategies from the Nonviolent Crisis Intervention - A Workshop for Parents and Caregivers:</td>
<td>Camarillo</td>
<td>Click <a href="#">here</a> for all the information</td>
</tr>
<tr>
<td>Apr 8-9</td>
<td>Mental Health First Aid USA - Helping communities better understand mental illness and respond to psychiatric emergencies:</td>
<td>Simi Valley</td>
<td>Click <a href="#">here</a> for all the information</td>
</tr>
<tr>
<td>Apr 19</td>
<td>Spring Egg Hunt - Arts and Crafts Show: - Oak Park CA</td>
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<td>Click <a href="#">here</a> for an Event flyer</td>
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<tr>
<td>Date</td>
<td>Event Description</td>
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<tr>
<td>Apr 19</td>
<td>Egg Hunt &amp; Salute to Spring: Simi Valley, CA</td>
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<td>Click <a href="#">here</a> for a Cover Letter and Vendor Application</td>
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<td>(oak park)</td>
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<td>(simi valley)</td>
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<tr>
<td>Apr 26</td>
<td>Community Showcase:</td>
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<tr>
<td></td>
<td><strong>Date:</strong> Saturday, April 26</td>
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<td></td>
<td><strong>Time:</strong> 10am-4pm</td>
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<td></td>
<td><strong>Location:</strong> Rancho Tapo Community Park</td>
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<td></td>
<td><strong>Details:</strong> The Community Showcase features over 80 vendors, including service,</td>
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<tr>
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<td>business, arts and crafts, non-profit and more, in addition to Food Trucks, local</td>
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<td>stage entertainment, kids attractions, Volunteer Fair hosted by the City of Simi</td>
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</tr>
<tr>
<td></td>
<td>Valley, touch-a-truck and more! Bring your friends and family out to the park for</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>this fun event!</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Click <a href="#">here</a> for an Event flyer</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Interested in being a vendor? Click <a href="#">here</a> for a vendor application</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(simi valley)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apr 27</td>
<td>Gator Run: 8th Annual GATOR RUN presented by the Rotary Club of Simi Sunset.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(simi valley)</td>
<td>Click <a href="#">here</a> for an Event flyer</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Click <a href="#">here</a> to go to their website <a href="http://www.gatorrun.org">www.gatorrun.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>May 24-25</td>
<td>Simi Valley Cajun &amp; Blues Festival:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(simi valley)</td>
<td>Click <a href="#">here</a> to go to their website (<a href="http://www.simicalun.org">http://www.simicalun.org</a>) for all the details</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Please check back, we are always adding things!!

*some events held at our parks are not provided by the rancho simi recreation and park district.

home
DATE: Friday, September 20, 2013
TIME: 9:00 a.m. – 11:00 a.m.
TOPIC: Adults & Older Adult LGBTQ Issues and Mental Health
PRESENTERS: Deborah Sutherland-Hocamp, Esq. Marcy Sherbok, Chair, Congress of California Seniors, Region 5; Edie Brown, Past Chair, Ed Elrod, Esq.; Barbara Bishop, PhD., Doug Green, DHGreen Consulting
LOCATION: Ventura County Behavioral Health Training Room, 1911 Williams Drive, Oxnard

DESCRIPTION: The focus of the training will offer an overview of the Adult/Older Adult LGBTQ community and seek to provide deeper insights of mental health concerns and other needs this community faces. Topics will address concerns regarding assisted living, caregivers, loss of privacy, isolation from their partner, fears that often drive senior LGBT into the closet at the end of life.

LEARNING OBJECTIVES:
• Learn how to conduct a self-assessment that reveals negative or harmful attitudes/biases, leading to exchanged affirmative approaches in working with LGBTQ populations and individuals;
• Identify care-giving strategies leading to affirmative practice with LGBTQ populations and individuals;
• Increase knowledge on how to use social supports and community resources when working with persons who identify themselves as LGBTQ

PROVIDES UP TO 2 HOURS CONTINUING EDUCATION UNITS

LMFT and LCSW: Course meets the qualifications for continuing education credit for LMFT's and/or LCSWs as required by the California Board of Behavioral Sciences (Approved Provider #PCE 4184). Provider Name: Ventura County Behavioral Health

Alcohol & Drug Counselor: CAADAC Approved Provider #2C-92-284-0412 CAADE Approved Provider #CP10 888 C 0516

Nurses: Provider approved by the California Board of Registered Nursing, Provider # CEP15325, for contact hours. Credit provided upon successful completion of all sections (no partial credit available) Provider Name: Ventura County Behavioral Health.
TOBACCO FREE 2013

CALL IT QUITS - FREEDOM FROM SMOKING CLASSES
OFFERED BY VENTURA COUNTY PUBLIC HEALTH

Free Nicotine Replacement Therapy Products are Available for Free to Eligible Participants

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Location</th>
<th>Time</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 9 – Oct 21</td>
<td>Camarillo Health Care District</td>
<td>5:30-7:00 PM</td>
<td>3639 Las Posas Rd. Bldg. H #191.</td>
</tr>
<tr>
<td>Sept 10 – Oct 22</td>
<td>Simi Valley Regal Medical Group</td>
<td>5:30-7:00 PM</td>
<td>3605 Alamo St. Ste. #100</td>
</tr>
<tr>
<td>Sept 10 – Oct 22</td>
<td>The Palms Ventura</td>
<td>2:00-3:30 PM</td>
<td>137 N. Palm Street Community Room</td>
</tr>
<tr>
<td>Sept 10 – Oct 22</td>
<td>Ojai Valley Community Hospital</td>
<td>5:30–7:00 PM</td>
<td>1306 Maricopa Highway Upstairs Conference Room</td>
</tr>
<tr>
<td>Sept 10 – Oct 22</td>
<td>Ventura Public Health Ventura</td>
<td>5:30–7:00 PM</td>
<td>3147 Loma Vista Road Conference Room</td>
</tr>
<tr>
<td>Sept 11 – Oct 23</td>
<td>St. Johns Hospital Oxnard</td>
<td>5:30-7:00 PM</td>
<td>1600 N. Rose Ave. Conference Room</td>
</tr>
<tr>
<td>Sept 12 – Oct 24</td>
<td>Buena Vida Ventura</td>
<td>4:00-5:30 PM</td>
<td>9050 Telephone Rd Community Room</td>
</tr>
</tbody>
</table>

Ventura County Public Health
A Division of the Ventura County Health Care Agency

"Call it Quits" Help Line: 201-STOP (7867)
Please note: Classes consist of 8 One-and-a-half-hour sessions.
Funded by Ventura County Tobacco Settlement Program
**KeepSafe Connections**  
(numbers and websites current as of 8/19/13)

**Call 9-1-1 for immediate, life-threatening emergencies**

**Call 2-1-1 Ventura County Information & Referral**  
(Interface 800-339-9597)  
for 24 Hour help, in a crisis or non-crisis situation

**24 Hour access numbers are listed in bold**

### AIDS INFORMATION AND TESTING SITES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>California AIDS, STD &amp; Hepatitis Hotline</td>
<td>800-367-2437</td>
<td><a href="http://www.aidshotline.org">www.aidshotline.org</a></td>
</tr>
</tbody>
</table>

### ADULT & CHILD ABUSE/DOMESTIC VIOLENCE HOTLINES

<table>
<thead>
<tr>
<th>Hotline</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult/Child Abuse &amp; Neglect Hotline – Ventura County</td>
<td>805-654-3200</td>
</tr>
<tr>
<td>Coalition for Family Harmony – Ventura County</td>
<td>800-300-2181</td>
</tr>
<tr>
<td>LA County Child Abuse Hotline</td>
<td>800-540-4000</td>
</tr>
<tr>
<td>National Domestic Violence Hotline</td>
<td>800-799-7233</td>
</tr>
<tr>
<td>Santa Barbara County Child Abuse Hotline</td>
<td>800-367-0166</td>
</tr>
</tbody>
</table>

### CHILD CARE REFERRALS

<table>
<thead>
<tr>
<th>Referral</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ventura County Child Development Resource &amp; Referral</td>
<td>805-485-7878</td>
<td><a href="http://www.childdevelopmentresources.org">www.childdevelopmentresources.org</a></td>
</tr>
</tbody>
</table>

### EMERGENCY/YOUTH SHELTERS

<table>
<thead>
<tr>
<th>Hotline</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coalition for Family Harmony – Ventura County</td>
<td>800-300-2181</td>
<td><a href="http://www.thecoalition.org">www.thecoalition.org</a></td>
</tr>
<tr>
<td>Homeless Services Program –Ventura County</td>
<td>805-385-1800</td>
<td></td>
</tr>
</tbody>
</table>

### FAMILY SUPPORT SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>United Parents – Ventura County</td>
<td>805-384-1555</td>
<td><a href="http://www.unitedparents.org">www.unitedparents.org</a></td>
</tr>
<tr>
<td>24 Hour HAT Line (non-critical emergencies)</td>
<td>805-551-0472</td>
<td></td>
</tr>
<tr>
<td>Youth &amp; Family Services – Ventura County</td>
<td>805-289-3100</td>
<td><a href="http://www.vchca.org/behavioral-health">www.vchca.org/behavioral-health</a></td>
</tr>
</tbody>
</table>

### MENTAL HEALTH

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult/Child Crisis Team – (Ventura County STAR Team)</td>
<td>866-998-2243</td>
<td></td>
</tr>
<tr>
<td>Children’s Intensive Response Team (CIRT)</td>
<td>866-431-2478</td>
<td></td>
</tr>
<tr>
<td>Ventura County Behavioral Health</td>
<td>805-981-6830</td>
<td><a href="http://www.venturacountylimits.org">www.venturacountylimits.org</a></td>
</tr>
<tr>
<td></td>
<td>866-998-2243</td>
<td><a href="http://www.wellnesseveryday.org">www.wellnesseveryday.org</a></td>
</tr>
</tbody>
</table>

### RAPE/SEXUAL ASSAULT/SEXUAL ABUSE

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coalition for Family Harmony – Ventura County</td>
<td>800-300-2181</td>
<td><a href="http://www.thecoalition.org">www.thecoalition.org</a></td>
</tr>
<tr>
<td>RAINN National Sexual Assault Hotline</td>
<td>800-656-4673</td>
<td><a href="http://www.rainn.org">www.rainn.org</a></td>
</tr>
</tbody>
</table>
**KeepSafe Connections**  
(numbers and websites current as of 8/19/13)

**Call 9-1-1 for immediate, life-threatening emergencies**

**Call 2-1-1 Ventura County Information & Referral**  
(Interface 800-339-9597)  
for 24 Hour help, in a crisis or non-crisis situation

24 Hour access numbers are listed in **bold**

### SUBSTANCE ABUSE

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult/Child Crisis Team – Ventura County</td>
<td>866-998-2243</td>
<td></td>
</tr>
<tr>
<td>Ala-non &amp; Ala-Teen Family Groups</td>
<td>805-656-7110</td>
<td><a href="http://www.alanonventura.org">www.alanonventura.org</a></td>
</tr>
<tr>
<td>Alcoholics Anonymous - National</td>
<td>800-923-8722</td>
<td><a href="http://www.aa.org">www.aa.org</a></td>
</tr>
<tr>
<td>Alcoholics Anonymous – Ventura County</td>
<td>800-990-7750</td>
<td><a href="http://www.aaventuracounty.org">www.aaventuracounty.org</a></td>
</tr>
<tr>
<td>California Smokers’ Helpline</td>
<td>800-662-8887</td>
<td><a href="http://www.nobutts.org">www.nobutts.org</a></td>
</tr>
<tr>
<td>Call It Quits Tobacco Cessation Program – Ventura County</td>
<td>805-201-7867</td>
<td><a href="http://www.vchca.org/public-health/health-education/tobacco/call-it-quits">www.vchca.org/public-health/health-education/tobacco/call-it-quits</a></td>
</tr>
<tr>
<td>Ventura County Alcohol &amp; Drug Programs</td>
<td>805-981-9200</td>
<td><a href="http://www.venturacountylimits.org">www.venturacountylimits.org</a></td>
</tr>
</tbody>
</table>

### SUICIDE PREVENTION

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult/Child Crisis Team – Ventura County</td>
<td>866-998-2243</td>
<td></td>
</tr>
<tr>
<td>Children’s Intensive Response Team (CIRT) – Ventura County</td>
<td>866-431-2478</td>
<td></td>
</tr>
<tr>
<td>National Suicide Prevention Lifeline</td>
<td>800-273-8255</td>
<td><a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a></td>
</tr>
<tr>
<td>Suicide Prevention Crisis Line</td>
<td>877-727-4747</td>
<td></td>
</tr>
<tr>
<td>The Trevor Lifeline (LGBTQ Youth)</td>
<td>866-488-7386</td>
<td><a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></td>
</tr>
</tbody>
</table>

### TEEN LINE

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>California Youth Crisis Line</td>
<td>800-843-5200</td>
<td><a href="http://www.youthcrisisline.org">www.youthcrisisline.org</a></td>
</tr>
<tr>
<td>Teen to Teen Hotline</td>
<td>800-852-8336</td>
<td><a href="http://www.teenlineonline.org">www.teenlineonline.org</a></td>
</tr>
</tbody>
</table>
The Thousand Oaks Police Department
Presents
The Parent Project®

The class your pediatrician should have told you about

Classes Start September 12, 2013
Conejo Unified School District Office
1400 East Janss Road

Thursdays
6:00 – 9:00 PM
10-Week Series
No cost tuition

We can provide “How to” answers to these common questions:

How to: Never argue again w/ your child
How to: Improve school attendance and performance
How to: Prevent or intervene in alcohol and other drug use
How to: Find resources to help

Give us 24 hours to change your life!

Sponsored by: The Thousand Oaks Police Department
Facility provided by: The Conejo Valley Unified School District

Register Now
Call 805 371-8362
Tim.Lohman@ventura.org
SPACE IS LIMITED ➤ REGISTER NOW!
SEPTEMBER 26, 2013
8 AM - NOON | VENTURA BEACH MARRIOTT

VENTURA COUNTY’S
DRUG ABUSE
SUMMIT

Local Realities | Local Strategies

Featuring LA Times investigative reporters Lisa Girion and Scott Glover
AUTHORS OF THE NATIONALLY RECOGNIZED SERIES “DYING FOR RELIEF”

VENTURA COUNTY BEHAVIORAL HEALTH
ALCOHOL & DRUG PROGRAMS
Ventura County Health Care Agency
Disability Harassment in K-12 Public Education

Presented by:
Brendan Hamme, Esq.
American Civil Liberties Union
of Southern California

September 25, 2013 | 6:30 PM – 8:00 PM
Oxnard

Both state and federal law require schools to take active steps to protect students from discrimination, harassment, intimidation and bullying based on disability (whether actual or perceived, as well as gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, and association with individuals with these characteristics).

Learn what your school is responsible for and how to be your child’s own best advocate. Also learn:

- How and when to advocate for your child.
- How to make sure the teacher and principal are aware of the problem.
- The importance of documentation.
- How to file a Uniform Complaint form.
- How to work with the school district to resolve the issue.
- How to appeal to the California Department of Education if you are not happy with the resolution.
- If that doesn’t work or the problem is severe, you can call the ACLU!

Registration Required
Phone: 805-485-9643
E-mail: rainbow@tri-counties.org
Website: http://rainbowconnectionfrc.weebly.com/register-now.html

Follow us on:

[Social media icons]
We invite you to participate in a “Community Conversation” hosted by United Way of Ventura County

The purpose of the “Community Conversation” is for United Way to listen to YOU regarding the future of Simi Valley.

- What are your aspirations for a better community tomorrow?

- What are the issues and challenges facing the residents of Simi Valley?

- How can United Way work with others to help resolve tomorrow’s needs today?

Tuesday, September 24

5 p.m. to 6:30 p.m.

Simi Valley Town Center, Community Room

1555 Town Center Drive

(Light snacks will be provided)

Please RSVP to attend the meeting by e-mailing or calling Yvonne Estrada, yestrada@vcunitedway.org 805-485-6288, ext. 225.
Domestic Violence Awareness Month
FILM SCREENING

October 19, 2013 • 3:00-5:00 p.m.
Simi Valley Public Library

Sin by Silence

Prison is safer than the love of your life.

The Domestic Violence Task Force, will co-host a documentary screening of the award winning Sin by Silence at the Simi Valley Library on 10/19/2013, at 3PM. Shot behind the walls of California’s oldest prison, Sin by Silence reveals the lives of extraordinary women who advocate for a future free from domestic violence. Created by inmate Brenda Clabine to help abused women speak out and discover they are not alone, the women of CWAA, Convicted Women Against Abuse, have changed the laws for battered women and raised awareness for those on the outside.

Following the documentary, members of the Domestic Violence Task Force will lead a discussion about how to recognize the signs of abuse and how to get help for those in need.

The Domestic Violence Task Force is comprised of several agencies who are involved with the prevention and intervention of intimate partner violence in Ventura County. Members include staff from the Ventura County District Attorney’s Victim/Witness Center, Coalition for Family Harmony, Interface Children Family Services, Fleet & Family Support Services, Mixteco/Indigena Community Organizing Project, City Impact, and more. Each agency will have materials and resources available at the documentary screening for information on how to connect with domestic violence services. The mission of the task force is to build community collaborations that strengthen domestic violence prevention and intervention through assessment, advocacy and education.
Free Landlord-Tenant Workshop

Topics will include:

- Evictions
- Repairs
- Rent Increases
- Late Fees
- Notices to Vacate
- Occupancy Limits
- Illegal Practices
- Security Deposits
- Fair Housing Laws
- Housing Discrimination
- Disability Rights
- Discrimination against Families

Don't know where to go for help?
Attend our free workshop for answers!

Monday, October 7, 2013
6:00pm - 8:00pm
Simi Valley City Hall
Community Room
2929 TaPo Canyon Road
Simi Valley, CA 93063

Sponsored by the City of Simi Valley
& the Housing Rights Center

Call the Housing Rights Center to RSVP
(800) 477-5977 ext. 1102
marzate@houssi 35_rightscenter.org
Did you know you are far more likely to encounter an "emotional emergency" than a heart attack or stroke?

Helping communities better understand mental illness and respond to psychiatric emergencies

Equip yourself with the ability to help in a mental health emergency with this FREE interactive course!

NEW 8-hour certification course presents an overview of mental illness and substance abuse disorders. It highlights risk factors, warning signs and overviews common treatments. Learn the 5-step action plan.

November 5-6, 9am-1:30pm
Must attend both days to receive certificate of completion

1692 Sycamore Drive
Simi Valley, CA 93065

Pre-registration required:
805-584-4400 or at www.rsrpd.org

Training brought to you by Rancho Simi Recreation and Park District & Ventura County Behavioral Health.
Tobacco Free 2013

Call It Quits - Freedom From Smoking Classes
Offered by Ventura County Public Health

Free Nicotine Replacement Therapy Products are Available for Free to Eligible Participants

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<th>Date</th>
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<th>Time</th>
<th>Address</th>
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</thead>
<tbody>
<tr>
<td>Oct 29 – Dec 10 Tuesday</td>
<td>Simi Valley Regal Medical Group</td>
<td>5:30-7:00 PM</td>
<td>3605 Alamo St. Ste. #100</td>
</tr>
<tr>
<td>Oct 29 – Dec 10 Tuesday</td>
<td>Ojai Valley Community Hospital</td>
<td>5:30-7:00 PM</td>
<td>1306 Maricopa Highway Upstairs Conference Room</td>
</tr>
<tr>
<td>Oct 30 – Dec 11 Wednesday</td>
<td>St. Johns Hospital Oxnard</td>
<td>5:30-7:00 PM</td>
<td>1600 N. Rose Ave. Conference Room</td>
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</tbody>
</table>

Ventura County Public Health
A Division of the Ventura County Health Care Agency

Call it Quits Help Line: 201-STOP (7867)
Please note: Classes consist of 8 One-and-a-half-hour sessions.
Funded by Ventura County Tobacco Settlement Program
Save the Date!!

The 20th Annual
Norman & Ellen Linder

Carpe Diem
Conference
for parents and professionals who care
about children and youth with
emotional challenges

Friday, March 7, 2014
8:00 AM – 4:15 PM
Ventura County Office of Education
Conference Center
5100 Adolfo Road, Camarillo, CA 93012

Keynote Presentation
Allan Schore, Ph.D.

Dr. Schore is a leading researcher in the field of neurobiology. He is an expert in the fields of
attachment theory, infant mental health, pediatrics, and behavioral biology and trauma.

He is on the clinical faculty of the Department of Psychiatry and Biobehavioral Sciences, UCLA
David Geffen School of Medicine, and at the UCLA Center for Culture, Brain, and Development.
He is an international speaker and expert. Much of his work has focused on how a child’s brain de-
velops and how the adults in the child’s life impact that development.

Plus sessions on the following topics:

- Neurobiological Understanding and Intervention—Dr. Schore
- Bullying—Intervening with the Bully and Bullied
- Sexuality—Dealing with Developmental Issues
- Crisis Intervention/Prevention—for our kids
- Classroom Strategies for Students with Emotional Issues

Some sessions will be in Spanish/Spanish translation available
Registration available January 1, 2014
Resource Faire registration to follow

Registration opens January, 2014  www.venturacountyselpa.com
Are Your Children Protected From Doing Drugs?

TOGETHER
WE CAN GUIDE GREAT CHOICES

Join The Boys & Girls Club as Tarzana
Treatment Center Provides a Free Workshop about
Alcohol, Tobacco, and Drugs

- Learn how to strengthen your family.
- Discover signs and symptoms of drug use.
- Find out how to protect your kids from doing drugs.
- Learn what does and does not work to prevent drug use.
- Get the tools to make your home drug free.
- Come to our Free Workshop and Learn how to Protect Your Kids.

Date: 10/29/2013
Time: 6:00 pm– 7:00 pm
Where: Johnston Boys & Girls Club
1450 E. Hillcrest Drive
Thousand Oaks, Ca. 91362

RSVP 805-449-1309
Space is Limited! Sign Up Today!

Free Child Care Provided by The Johnston Boys & Girls Club
Sharing Strategies from the Nonviolent Crisis Intervention

A Workshop for Parents and Caregivers

This workshop will provide parents and caregivers with an overview of some of the concepts and strategies taught in the Nonviolent Crisis Intervention training programs.

The workshop will give parents and caregivers:

- Insight into behavior patterns of their child.
- Ideas for intervening early as behaviors start to escalate.
- Ways to keep everyone safe.

**Dates (Please choose one):**
- Saturday October 5, 2013
- Friday November 22, 2013
- Saturday February 1, 2014
- Friday April 4, 2014

**LOCATION:**
Ventura County SELPA
VCOE Conference Center
5100 Adolfo Rd. Camarillo 93012

**COST:** FREE to parents of a student with an IEP in the Ventura County SELPA
Due to a generous donation and co-sponsorship from the Autism Society Ventura County and SELPA Community Advisory Committee

All others: $10
(Includes handbook)

**Registration:**
- 8:00 a.m. – 8:15 a.m.
- Workshop 8:15 a.m. – 3:00 p.m.
- Lunch is on your own

To Register:
- Fill out the form below.
- Return to Ventura County SELPA, attn: Conference Registrations
  5100 Adolfo Rd., Camarillo, CA 93012 by 14 days prior to event.
- Late registrations will not be guaranteed seating or materials.
- This form is also available at our website www.venturacountysepa.com
- Registration is available at http://workshops.vcoe.org
- You will receive a written confirmation if we receive the registration by the deadline, and your address is complete.
- Questions? Call (805) 437-1599 or FAX (805) 437-1599
- SORRY, NO PHONE REGISTRATIONS

Slots are limited, so registrations will be taken on a "first come-first served" basis. You will receive written confirmation of your registration. Questions? (805) 437-1599  FAX: (805) 437-1599
Did you know you are far more likely to encounter an “emotional emergency” than a heart attack or stroke?

Equip yourself with the ability to help in a mental health emergency with this FREE interactive course!

NEW 8-hour certification course presents an overview of mental illness and substance abuse disorders. It highlights risk factors, warning signs and overviews common treatments. Learn the 5-step action plan.

December 10-11, 9am-1:30pm
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1692 Sycamore Drive
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Pre-registration required:
805-584-4400 or at www.rsrpd.org

Training brought to you by Rancho Simi Recreation and Park District & Ventura County Behavioral Health.
Interface Children & Family Services

Triple P
Positive Parenting Program

Improve Parenting Skills
Build Stronger Relationships

Attention Parents:
Are you interested in improving your parenting skills or your relationship with your child?

Positive Support for Parents

Parenthood can be rewarding, enjoyable and enlightening. It can also be demanding, frustrating, and exhausting. Parenting is the toughest job around, yet most parents do not get training and learn through trial and error. Join the Triple P Program in a supportive learning environment with other parents. Learn how to build a better relationship with your child, create a positive learning environment, manage common behavior problems, and reduce stress. Parents will discuss and share their ideas and experiences and receive practical information that can be incorporated into everyday interactions and situations. Open to parents with children ages 0 to 12. Held at 1692 Sycamore Drive, C-1, Simi Valley.

Tuesdays, 6:30-8:30pm, 1/14-2/25, $5/family
Tuesdays, 6:30-8:30pm, 3/4-4/15, $5/family

not affiliated with Simi Valley Unified School District

Spaces limited, registration required. Call 805-584-4400 or visit www.rsrpd.org

This program is sponsored by Ventura County Behavioral Health through the Mental Health Services Act (MHSA), Pre' 42 on and Early Intervention funding.
Attention Parents:
Are you interested in improving your parenting skills or your relationship with your child?

In a series of three FREE seminars we will discuss positive parenting, raising confident and competent children and resiliency. You will learn six building blocks of positive learning, how to foster social/emotional skills so children develop confidence and reach their full potential, and how to prevent emotional problems. Seminars designed for parents and caregivers of children ages zero to 12. Seminars held at 1692 Sycamore Drive, Simi Valley.

Power of Positive Parenting
Thursday, January 9, 6:30pm-8:30pm

Raising Confident, Competent Children
Thursday, February 13, 6:30pm-8:30pm

Raising Resilient Children
Thursday, March 13, 6:30pm-8:30pm

Spaces limited, registration required. Call 805-584-4400 or visit www.rsrpd.org

Not affiliated with Simi Valley Unified School District
This program is sponsored by Ventura County Behavioral Health through the Mental Health Services Act (MHSAs), Preschool and Early Intervention funding.
Straight Up Ventura County, in collaboration with Simi Valley Police Department, Simi Valley Unified School District, and Rancho Simi Recreation and Park District, and together with several local youth-serving organizations, presents

**Reality Party for Parents**

*Exposing underage drinking, binge drinking and drug culture*

**DATE:** Saturday, March 8, 2014

**TIME:** Tours start every half hour between 3:00 – 8:00pm. Reservations required.

**PLACE:** At a residence in Simi Valley. Address will be given when a tour time is reserved.

*Open to public. Adults only. FREE!*

Many adults feel drinking and partying is a rite of passage and think teen parties are the same as when they were young. Straight Up youth want parents to face the current realities and learn why and how we need adults to help change these dangerous social norms. Participants will tour a home set up to portray a teen party with youth actors voicing concerns expressed by local teens and young adults.

More information: info@straightupvc.org or (805) 647-4622

Register online! www.straightupvc.org/register

*Straight Up is made possible through Ventura County Behavioral Health Department, Alcohol and Drug Programs.*
Straight Up Ventura County, in collaboration with community partners, presents

A Social Change Theatre Event
for high school students and their parents

Saturday, November 23, 2013
2 sessions available: 2-4pm or 5-7pm
at the Thousand Oaks Teen Center

Limited space – reservations required

For information and reservations:
info@straightupvc.org or
(805) 647-4622

This interactive workshop is designed for parents and their high school students to attend together. Participants will be engaged in discussion of current social norms related to alcohol and drugs and will explore ideas for change. Our goal is to spark meaningful conversations, help bridge the communication gap between parents and teens and to connect families with local Conejo Valley resources.

STRAIGHT UP
ventura county

CVUSD
Concejo Council
PTA
BreakThrough
INTERFACE
CHILDREN & FAMILY SERVICES
Engage & Recovery
THOUSAND OAKS
TEEN CENTER

45
2-1-1 Database Search

2-1-1 Ventura County Resource Database

You may either type in an agency/program name, or choose a suggested service as you type, then click the button.

Search services:

- State: California
- County: Ventura County
- City: All cities
- Zip code:

Welcome Message

Welcome to the 2-1-1 Ventura County resource database!

2-1-1 Ventura County is a program of Interface Children & Family Services in partnership with United Way Ventura County and First 5 Ventura County.

If you have difficulty finding resources through an online search, dial 2-1-1 so a 2-1-1 Call Specialist can assist you.

Out of county callers can reach 2-1-1 Ventura County by calling 830-339-9597. TTY users, please dial 895-919-1148.

Click here to contact 2-1-1 Ventura County

Suggested searches

- Food Pantries
- General Counseling Services
- Mental Health Hotlines
- Rent Payment Assistance
- Utility Payment Assistance

Highlighted Resources

First 5 Ventura County

Non-profit organization which hosts a network of essential services for all children prenatal to five and their families. Services include health, early learning and family strengthening resources, which are accessed mainly through First 5 Ventura County's community-based Neighborhoods for...
"Behavior Strategies for Parents of Children with Autism"

Presented by: Nahal Ameri, MS, School Psychologist and Ana Aquino, Behavior Therapist, Integrated Therapy Services and Paraeducator, Ventura County Office of Education, Triton Academy

This workshop will provide families with a basic understanding of the reasons some children use problem behaviors, and strategies for implementing positive behavior support at home and in the community.

Presentation will be presented separately in English and Spanish

DATE: MARCH 5, 2014

TIME: 6:00 p.m. – 8:00 p.m. (6:00 - 6:15 p.m. registration)

LOCATION: Ventura County Office of Education Conference and Educational Services Center, Santa Paula Room 5100 Adolfo Rd., Camarillo

COST: FREE

Sign Language interpretation available if reserved 7 days in advance.
(Call VC SELPA for interpretation reservations (805) 437-1560)

This workshop meets requirements for the VC SELPA Autism Certification Program Module II (Para & Pro)

There is no cost for this workshop, but you must RSVP to attend. To RSVP, fill out the form below and return to Barbara Rush by fax to (805) 437-1599, or email to brush@vcoe.org

TO REGISTER:
- Fill out the form below.
- Return to Ventura County SELPA, attn: Conference Registrations
  5100 Adolfo Rd., Camarillo, CA 93012 10 days prior to the start date.
- Registration available at http://workshops.vcoe.org
- You will receive a written confirmation if we receive the registration before the above deadline, and your address is complete.

Questions? Call (805) 437-1560 or FAX (805) 437-1599.

Behavior Strategies for Parents of Children with Autism–March 5, 2014

Name: _______________________________ Title: _______________________________ District: _______________________________

Address: _____________________________________________________________

Street Address, City, Zip Code

Email: _______________________________ Confirmations are E Mailed

Phone: A.M. _______________________________ P.M. _______________________________ FAX _______________________________

Check Language: ☐ English ☐ Spanish
Did you know you are far more likely to encounter an “emotional emergency” than a heart attack or stroke?

Helping communities better understand mental illness and respond to psychiatric emergencies

 Equip yourself with the ability to help in a mental health emergency with this

FREE interactive course!

NEW 8-hour certification course presents an overview of mental illness and substance abuse disorders. It highlights risk factors, warning signs and overviews common treatments. Learn the 5-step action plan.

Feb 11, 18, 25, 2014
5:30-8:30pm

Must attend all days to receive certificate of completion

New Heart Foursquare Church, 4200 Township Ave.

Pre-registration required, barcode #32355
805-584-4400 or at www.rsrpd.org

Training brought to you by Rancho Simi Recreation and Park District & Ventura County Behavioral Health.
What are you going to do next with your life?
Who/What is available to support you?

Transition: From School to Adult Life

TRANSITION FAIRS

15-22 year old special education students and their families

SCHEDULE:

6:30-6:45pm  Registration
6:45-7:15pm  Adult & Student Presentations:
              • Adults- Brief overview of the transition process and parent-to-parent video
                (If you have seen the presentations before, it’s okay to come at 7:15!)
              • Students- A youth-led session on setting goals for yourself
7:15-8:15pm  Presentations by agencies; separate room by population served:
              • Young adults with disabilities with a High School Diploma
              • Young adults with disabilities with a Certificate of Completion or Achievement
8:15-8:45pm  Visit booths and pick up literature!

An optional homework assignment for extra credit will be available, if assigned by the teacher.

Meet representatives from the following agencies: They will give a brief presentation and will be available to answer your questions.

Department of Rehabilitation
Regional Center
Department of Behavioral Health
Employment Development Department
Community Colleges
Housing
Public Health
and Many Other Agencies!

DATES AND LOCATIONS OF FAIRS
ALL ARE FROM 6:30 – 8:45 P.M.

Ventura Area
Wednesday, February 5, 2014
Ventura Unified District Offices
255 W. Stanley Ave, Ste 100, Ventura

Oxnard Area- (Bilingual)
Tuesday, February 25, 2014
Oxnard Performing Arts Center
800 Hobson Way, Oxnard
(Separate introductory sessions in English and Spanish at this location only)

Thousand Oaks Area
Tuesday, February 11, 2014
Hillcrest Center for the Arts
403 W. Hillcrest Dr, Thousand Oaks

Simi Valley Area
Thursday, March 6, 2014
Sinaloa Middle School – Gymnasium
601 Royal Avenue, Simi Valley

Sponsored by the Ventura County Transition Project
SPANISH TRANSLATION OR SIGN LANGUAGE INTERPRETATION MUST BE RESERVED 2 WEEKS IN ADVANCE,
(805) 437-1560
¿Qué vas a hacer ahora con tu vida?
¿Quién o qué está disponible para apoyarte?

Transición: De la Escuela a la Vida de Adulto

FERIAS DE TRANSICIÓN

Para estudiantes de educación especial, 15 a 22 años de edad y sus familias

PROGRAMA:

6:30-6:45pm  Registro
6:45-7:15pm  Presentaciones para Adultos y Estudiantes:
              • Adultos: Un breve resumen general del proceso de transición y un video de padre a padre (si usted ha visto la presentación antes, puede llegar a las 7:15)
              • Los estudiantes: Una sesión dirigida por jóvenes en el establecimiento de metas para sí mismo
7:15-8:15pm  Presentaciones de las agencias; sala separada por población servida:
              • Los adultos jóvenes con discapacidad con un diploma de la escuela
              • Los adultos jóvenes con discapacidad con un Certificado de Cumplimiento o Logro
8:15-8:45pm  Visite los puestos de las agencias y recoja la literatura

Una tarea opcional para crédito adicional estará disponible, si está asignada por el maestro.

Reúna con los representantes de las siguientes agencias: Se hará una presentación breve y estarán disponible para responder a sus preguntas.

Departamento de Rehabilitación
Centro Regional

Departamento de Salud Mental

Departamento del Desarrollo de Empleo

Colegios de la Comunidad

Departamento de Viviendas

Departamento de Salud Pública

¡Y muchas agencias más!

Grátis

LA FETCHA Y LUGAR DE LAS FERIAS:
HORARIO 6:30 – 8:45 P.M.

Área de Ventura
Miércoles, Febrero 5, 2014
Ventura Unified District Offices
255 W. Stanley Ave, Ste 100, Ventura

Área de Oxnard-(Bilingüe)
Martes, Febrero 25, 2014
Oxnard Performing Arts Center
800 Hobson Way, Oxnard
(Separate introductory sessions in English and Spanish at this location only)

Área de Thousand Oaks
Martes, Febrero 11, 2014
Hillcrest Center for the Arts
403 W. Hillcrest Dr, Thousand Oaks

Área de Simi Valley
Jueves, Marzo 6, 2014
Sinaloa Middle School – Gymnasium
601 Royal Avenue, Simi Valley

Patrocinado por el Proyecto de Transición del Condado de Ventura
Para traducción al español o lenguaje de señas se debe reservar 2 semanas antes llamando al (805) 437-1560
Simi Valley PTA/PTSA
Parent Information Program (Adults Only)

Thursday, February 20, 2014
Royal High School MPR
7:00 p.m. - 9:00 p.m.

Presentations will be made by the following participants:

Ventura County Office of Education, Comprehensive Health and Prevention Programs*:

Karlyn Bock, Kelly Lara and Gabriel Teran will present:

- Bullying and Cyber Bullying
- Ventura County data on alcohol and drug abuse, and bullying (as reported in the California Healthy Kids Survey)
- Marijuana information
- Prevention tools for parents

Simi Valley Hospital, Director of Emergency Services:

Julia Feig RN, BSN, CEN will present:

- The emergency room scene, as related to drug and alcohol abuse, in Simi Valley.

Simi Valley Police Department:

Officer Robert Longdon will address:

- Occurrences specific to Simi Valley

Following the presentations, there will be an opportunity to break into small groups to meet with individual presenters.

For additional information please email: Michelle Scharf at Mich0426@sbcglobal.net

*VCOE presentation made possible through funding from Ventura County Behavioral Health Department, Alcohol and Drug Programs.
FUN WITH FOOD!
A SENSORY INTEGRATIVE APPROACH TO
FEEDING WITHIN THE EDUCATIONAL CONTEXT

Presented by: Joan Surfus, OTD, OTR/L, SWC, Pediatric Therapy Network

Sensory integration describes the process of receiving and organizing sensory information from our bodies and the environment. When children struggle at mealtime it is often due to sensory-based issues that present as gagging, limited food repertoire, over-stuffing mouth, or refusing to eat. This is often interpreted as a behavior problem. However, it can be due to sensory integration deficits. In the school environment, if children are not eating, or they are extremely limited in the types of food they are eating, this may have a significant impact on their school day. This has potential to impact attention, peer/social interactions, energy level, and participation.

Day One: Tuesday February 11, 2014
Target audience – Special Education Teachers, Preschool Teachers, OTs, COTAs, Nurses, Nutritionists and Parents

Day Two: Wednesday February 12, 2014
Target audience – OTs and COTAs ONLY

Registration: 8:00 a.m. – 8:30 a.m.
Workshop: 8:30 a.m. – 3:30 p.m.
COST: Day One Only - $90.00
Day Two Only - $45.00
Both Days - $125
(Lunch Included)

Workshop location:
VCOE Conference Center, Salons A & B,

Participants will be able to:
1. State the relationship of the sensory systems on feeding and eating.
2. Describe the development of the assessment and treatment sequence needed for children with sensory-based feeding issues.
3. Develop intervention strategies to address the needs of children with sensory-based feeding issues within the educational context.
4. Develop strategies for teachers, paraeducators, and families to support the therapeutic intervention.

To register:
➢ Fill out the form below.
➢ Return to Ventura County SELPA, attn: Conference Registrations, 5100 Adolfo Rd., Camarillo CA 93012 by 10 days prior to event to avoid late fee.
➢ Late registrations will not be guaranteed seating or materials and will be subject to a $10.00 late fee payable at the door.
➢ Enclose check or purchase order to VCOE/SELPA.
➢ NO PURCHASE ORDERS WILL BE ACCEPTED UNDER $100.00
➢ You may register at http://workshops.vcoe.org

➢ Individuals are responsible for assuring that payment is received by the SELPA prior to the event. If you work for a school district or other agency, please insure that payment is forwarded in a timely fashion to SELPA, to avoid being required to pay at the door.
➢ *District Coordinator or Director of Special Education signature (VC SELPA only) required for use of District Discretionary Personnel Development. Please forward a copy of this registration to your Special Ed. Director/Coordinator for approval if you register on-line.
➢ You will receive a written confirmation if we receive the registration before the above deadline, and your address is complete.

Questions? Call (805) 437-1560 or FAX (805) 437-1599, or Email: Barbara Rush Brush@vcoe.org

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SORRY, NO PHONE REGISTRATION AND NO REFUNDS
State Senator Fran Pavley
Ventura County District Attorney Greg Totten and
The United Association of Conejo Teachers present:

Cyber Bullying:
What Your Family Needs to Know

Join us for an important seminar affecting young people and their parents. The cruelty of bullying is magnified when it is posted in a very public forum like the Internet. Learn what you can do to prevent this abuse and about the new state law which impacts student behavior off campus.

Saturday, February 22, 2014 ~ 10 – 11:30 a.m.
Thousand Oaks Teen Center
1375 E Janss Road, Thousand Oaks, CA 91362

Speakers include representatives from the Ventura County District Attorney’s Office, Ventura County Sheriff’s Office, and our local schools.

To RSVP for this event, please email Senator Pavley’s Ventura County Field Representative Marie Lakin at Marie.Lakin@sen.ca.gov or call (805) 815-3917.
Free Nicotine Replacement Therapy Products are Available for Free to Eligible Participants

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEB 24 - APR 7 Monday</td>
<td>Camarillo Health Care District</td>
<td>5:30-7:00 PM</td>
<td>3639 Las Posas Rd. Bldg. H #191.</td>
</tr>
<tr>
<td>FEB 25 - APR 8 Tuesday</td>
<td>Simi Valley Lakeside Community Health</td>
<td>5:30-7:00 PM</td>
<td>3605 Alamo St. Ste. #100</td>
</tr>
<tr>
<td>FEB 25 - APR 8 Tuesday</td>
<td>Ojai Valley Community Hospital</td>
<td>5:30-7:00 PM</td>
<td>1306 Maricopa Highway Upstairs Conference Room</td>
</tr>
<tr>
<td>FEB 26 - APR 9 Wednesday</td>
<td>St. Johns Hospital Oxnard</td>
<td>5:30-7:00 PM</td>
<td>1600 N. Rose Ave. Conference Room</td>
</tr>
<tr>
<td>FEB 27 - APR 10 Thursday</td>
<td>Santa Paula Hospital Santa Paula</td>
<td>5:30-7:00 PM</td>
<td>825 N.10th St. Santa Paula Library/bilingual (Span/Eng)</td>
</tr>
<tr>
<td>FEB 27 - APR 10 Thursday</td>
<td>Ventura Centers for Family Health</td>
<td>5:30-7:00 PM</td>
<td>120 N. Ashwood St. Health Aware Office</td>
</tr>
</tbody>
</table>

Call to sign up! - Call it Quits Help Line: 201-STOP (7867)

Please note: Classes consist of 8 One-and-a-half-hour sessions.

Funded by Ventura County Tobacco Settlement Program
Helping communities better understand mental illness and respond to psychiatric emergencies

Did you know you are far more likely to encounter an “emotional emergency” than a heart attack or stroke?

 Equip yourself with the ability to help in a mental health emergency with this FREE interactive course!

NEW 8-hour certification course presents an overview of mental illness and substance abuse disorders. It highlights risk factors, warning signs and overviews common treatments. Learn the 5-step action plan.

March 11-12, 2014 9am-1:30pm
Must attend both days to receive certificate of completion

1692 Sycamore Drive
Simi Valley, CA 93065

Pre-registration required, barcode #32356
805-584-4400 or at www.rsrpd.org

Training brought to you by Rancho Simi Recreation and Park District & Ventura County Behavioral Health.
Senior Savvy: Protecting Yourself from Scams & Fraud

Tuesday, March 18, 2014
10:00am-2:00pm
Simi Valley Public Library
Community Room

Featuring Guest Speakers
• Mary Snider, Program Director
  Adult Protective Services
• Linda Henderson, Deputy Director
  Human Services Agency – Ventura County
• Deputy Mario Molina, Crime Prevention Officer
  Camarillo Police Department
• Kathy Terry, Field Services Coordinator
  Long Term Care Services of Ventura County
  (Ombudsman)

Topics Covered:
• Current scams being reported
• How to identify & report abuse
• Adult Abuse Prevention Program – Past successes & Future goals
• Don’t be a victim of scams & fraud
• The Ombudsman’s Role – Abuse prevention in long-term care facilities.

Light lunch provided.

RSVP BY MARCH 8, to: 805-765-1066
or email to: vcaapc@gmail.com

@ your library!
2969 Tapo Canyon Rd
Simi Valley, CA 93063
805-526-1735
www.simivalleylibrary.org

Mon-Thurs: 10am-8 pm
Fri: 1 pm-5 pm
Sat: 10 am-5 pm
Sun: 1 pm-5 pm

A free educational program about protecting yourself and your loved ones against scams and fraud.
Hockey Outreach Program

At Iceoplex Ice Arena Simi Valley
131 w. Easy St * Simi Valley, Ca. 93065
An Outreach program designed for teens

- Iceoplex will provide Coaching and one hour of Ice time
- The Outreach program will help to provide equipment.
- Teens will learn positive team skills, and experience increased self-esteem, self-worth, hope, and self-importance.

Day: Wednesdays
Time: between 9:00am – 12:00pm
Contact: Luc@iceoplex.com (805) 520-7465 x 18

Service provided is intended to help redirect troubled youths into socially constructive lifestyles.
The proximity of the East L.A. barrio to Hollywood is as close as a short drive on the 101 freeway, but the cultural divide is enormous. Born to Mexican-born and American-naturalized parents, Alicia Armendariz migrated a few miles west to participate in the free-range birth of the 1970s punk movement. Alicia adopted the punk name Alice Bag, and became lead singer for The Bags, early punk visionaries who starred in Penelope Spheeris’ documentary The Decline of Western Civilization.

At this free event honoring contemporary women in history, Alice Bag will read excerpts from her book Violence Girl: East LA Rage to Hollywood Stage in addition to performing live!

No registration is required. Space is limited.

Friday, March 21, 2014
6:00-8:00 p.m.
Community Room

2969 TAPo CANYON RD
SIMI VALLEY, CA 93063
805-526-1735
WWW.SIMIVALLEYLIBRARY.ORG

Mon-Thurs: 10am-8pm
Fri: 1pm-5pm
Sat: 10am-5pm
Sun: 1pm-5pm

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Talk Time comes to Simi Valley Public Library!
Want to practice your conversation and listening skills? Join our informal conversation group, Talk Time, beginning Tuesday, January 14th. ¿Quiere practicar su conversación y comprensión auditiva? Participe en nuestro grupo informal de conversación, Talk Time! Comienza el martes, 14 de enero.

First and Third Tuesdays of the month - 10:30-11:30am
Second and Fourth Tuesdays of the month - 4:30-5:30pm
Primer y tercer martes de cada mes - 10:30-11:30am
El segundo y cuarto martes de cada mes - 4:30-5:30pm

January 14 & 28 - 4:30-5:30pm / January 21 - 10:30-11:30am
February 4 & 18 - 10:30-11:30am / February 11 & 25 - 4:30-5:30pm
March 4 & 18 - 10:30-11:30am / March 11 & 25 - 4:30-5:30pm

This is a free event. No registration is required.
Este es un evento gratuito. No es necesario registrarse.
Simi Valley Public Library presents:

LAWYERS @
THE LIBRARY:
Knowing Your Rights with Special
Education Attorney Frank Zankich

Friday, March 28, 2014
2:00-4:00 PM
Simi Valley Public Library
Community Room

Frank Zankich, a Special Education Attorney from the Law office of L. Frank Zankich will present a brief overview of the rights and options regarding special education.

Topics covered include:
• What is special education?
• What is an IEP?
• What is FAPE?
• What types of services should the school provide?
• What are your options as a parent or caregiver for a special needs student?
• How can I obtain needed special education records
• How can I obtain related services your child needs, such as speech therapy, behavior modification, social skills, occupational therapy, physical therapy and assistive technology?
• How can I get transportation to and from school?

No registration is required. Space is limited.
Interface Children & Family Services

Triple P
Positive Parenting Program

Improve Parenting Skills
Build Stronger Relationships

Attention Parents:
Are you interested in improving your parenting skills or your relationship with your child?

In a series of three FREE seminars we will discuss positive parenting, raising confident and competent children and resiliency. You will learn six building blocks of positive learning, how to foster social/emotional skills so children develop confidence and reach their full potential, and how to prevent emotional problems.

Seminars designed for parents and caregivers of children ages zero to 12.
Seminars held at 1692 Sycamore Drive, Simi Valley.

Power of Positive Parenting
Thursday, May 15, 6:30pm-8:30pm

Raising Confident, Competent Children
Thursday, June 12, 6:30pm-8:30pm

Raising Resilient Children
Thursday, July 10, 6:30pm-8:30pm

Spaces limited, registration required. Call 805-584-4400 or visit www.rsrpdp.org

Not affiliated with Simi Valley Unified School District

This program is sponsored by Ventura County Behavioral Health through the Mental Health Services Act (MHSA) Prevention and Early Intervention Funding.
**Safety Plan for Your Child/Youth**

**IF YOUR CHILD/YOUTH:**

**Immediate Danger:**
- Is threatening to harm self
- Is threatening to harm/self others and/or destroy property
- Is engaging in dangerous or risky behavior (running into traffic, running away, suicide attempts, etc.)

**0 to 18 years old:**
- Has erratic/escalating behavior or mood
- Is verbally abusive
- Is refusing to take medications
- Is threatening to run away

**12 to 17 years old:**
- Is a homeless or street youth or is facing homelessness
- Has been kicked out of the house
- Is couch surfing
- Is a runaway or threatening to run away
- Needs information and resources

**CALL:**

Call **911** immediately and request a Crisis Intervention Team (CIT) Trained Officer 24 hours/7 days a week

Casa Pacifica
Children's Intensive Response Team (CIRT)
**1-866-431-2478**
24 hours/7 days a week

United Parents
**(805) 384-1555**
Monday-Friday/9:00am-5:00pm

Interface Youth Crisis Line
**(805) 469-5882**
24 hours/7 days a week
Plan de Seguridad para sus niños / jóvenes

SI SU NIÑO / JOVEN:

**de 0 a 20 años de edad:**
- Amenaza dañarse o matarse
- Amenaza dañar a otros o la destrucción de la propiedad
- Se presenta como gravemente discapacitado (puede incluir señales de abuso)
  - Menos de 18: incapaz de aceptar cuidados de otros para sus necesidades básicas
  - 18-20: incapaz de atender sus necesidades básicas propias
- Adquiere comportamientos peligrosos o desviados (poco contra el sueño, autolesionarse, fugarse; amenaza con fugarse)

**de 0 a 18 años de edad:**
- Comportamiento o carácter errático/ se intensifica
- Verbalmente abusivo
- Se rehúsa a tomar medicamentos
- Amenaza con fugarse
- Se rehúsa a ir a la escuela

**de 12 a 17 años de edad:**
- Es un joven sin hogar o que vive en la calle o en peligro de tener que vivir en la calle
- Lo han echado de su casa
- Duerme en el sofá de quien encuentra
- Se ha escapado o amenaza escaparse
- Necesita información y recursos

LLAME:

Llame al 911 inmediatamente
y pida un oficial capacitado en Equipos de Intervención en
Situaciones de Crisis (CIT) –
24 horas al día / 7 días a la semana

**Casa Pacifica**
Equipo de Intervención de Urgencia en Crisis Infantil (CIQR)
1-866-431-2478
24 horas al día / 7 días a la semana

**United Parents (Padres Unidos)**
(805) 551-0472
Lunes-Viernes 9:00 am – 5:00 pm

**Interface Youth Crisis Line**
(Línea de Ayuda a menores en crisis)
(805) 469-5882
24 horas al día / 7 días a la semana
Not One More goals and accomplishments

- Support members of the community who are struggling with addiction within their lives with family support groups and working with recovering addicts with life skills training and transitioning back into the community.

- Educate parents about the drugs that are in our community, how they are used and how they affect our children. Erase the stigma and shame that surrounds drug addiction, so that parents who need help know that they are not alone and won't be afraid to reach out for help. We have a family support group for parents "Family focus group". We work at the recovery houses with parents and addicts. Embracing addicts and the people who love them with compassion, to help lift them from a place of dark addiction into the light of recovery and peace.

- Educate the community about drugs and the addictions with our NOM community meetings every other month featuring different speakers with expertise in their professional fields, We talk to or support adult based groups with educational materials, such as “One of the girls”, (BILY) group in the San Fernando Valley, Rotary groups.

- Inspire our young people to stay drug-free and be a role model to the people around them. Talking to or supporting with educational materials to sports teams (Chico state, Royal High lacrosse team, Royal high wrestling, Boy scouts, Simi Valley Patriots and community support groups.

- Install age-appropriate drug education back into our schools, at all levels. With Talks, PSA’s, art projects for the schools to provide educational posters and art to display at their schools.

- Fill the gap between what our state, city and schools provide for services, and what our community needs to have for education and awareness.

- Partner with city officials, SVUSD officials, and other community-based organizations that share our goals of addiction education, prevention, and recovery.
• Provide a 24/7 web-based resource center with information about drugs, recovery and where addicts or people who care about them can turn in a time of crisis. On our web page notonemore.net
• Bridge the gap between the cost of rehab and insurance coverage through scholarships provided either by us or by finding the resources to help with this.
• Help families navigate rehab and services maze that currently exists.
• Provide an active grief outreach program. There is strength and comfort in numbers. Family Focus, Mending moms, recovery house interaction.
• Low or no-cost intervention services.
• Participate in the city's new Heroin/Drug Prevention Task Force.
• Inspire change from within the system provided by our city, but also work to create a new, more effective system to provide for the needs of our community.
We are establishing or have chapters established in Ojai, Pittsburg, PA., Indiana, New York, and Seattle and other cities that have seen what our city has done for education and awareness.
On top of this NOM just celebrated our 2 year anniversary Feb.12th of this year.

, we thank you for your support of Not One More.