Social Distancing Doesn't Have to Mean Taking on Life's Challenges Alone

Concern about coronavirus can intensify mental health conditions and substance use. It can heighten anxiety and depression. Social distancing and stay-at-home orders may mean people are not reaching out for help with their behavioral or physical health when they need it most.

During the coronavirus outbreak, Chestnut Health Systems continues to provide care across all services - mental health treatment, substance use treatment, and primary health care. Chestnut has put in place new ways to safely connect - including by telephone and video. Patients and clients receive quality care from the safety of their home. Numerous safeguards are in place in our residential treatment programs, housing programs, and at Chestnut Family Health Center to protect our patients, clients, and staff.

Visit www.chestnut.org, email gethelp@chestnut.org, or call us:

Central/Northern Illinois
Mental Health, Addiction Treatment: (888) 924-7386
Primary Health Care: (309) 557-1400

Jeremy Studebaker, Community Treatment Liaison: (309) 830-5600

St. Louis Metro East/Jefferson County, MO

Central Access: (618) 877-4420

Jim Wallis, Director of Business Development: (618) 975-0188