IPLAN Process

Illinois Project for the Local Assessment of Needs
What is IPLAN?
Illinois Project for Local Assessment of Needs

A community health assessment and planning process
- Led by local health jurisdictions in Illinois as part of ongoing certification process with a concentration on community involvement
- Grounded in the core functions of public health
- Addresses public health performance standards
- Conducted every 5 years to establish 3-5 health priorities and an action plan to impact those health issues during the ensuing 5 year period
Assessment Purposes

- Identify health-related concerns for the County
- Identify actual and potential County and Regional health resources
- Provide information needed to prioritize health issues and develop 5-Year Community Health Plan
IPLAN Process

• Conduct Organizational Capacity and Self-Assessment
• Assemble Community Stakeholders and a Core Team
• Conduct Community Health Needs Assessment
• Analyze Data and Set at least 3 Health Priorities
• Inventory Community Health Resources
• Develop Community Health Plan
• Submit Recertification Application
• Through Community Coalition and Community Organizations:
  – Conduct Program Development
  – Implement Community Health Plan
  – Evaluate Progress on Community Health Plan
2016-2021 Process Highlights

• Community Needs Assessment
  – Data Collection and Analysis
    • Focus Groups
    • Community Health Survey
    • Quantitative Data

• Set Health Priorities (culmination of Assessment Phase)

• Community Plan Development
  – Community Health Plan Summit

• Implementation of Plan
  – Madison County Partnership for Community Health (MCPCH)
  – Madison County Community (residents and organizations)
Madison County Health Priorities

• Round 1: 1996-2000
  – Cardiovascular Disease
  – Respiratory Disease
  – Unintentional Injury (motor vehicle & falls)

• Round 2: 2001-2006
  – Respiratory Disease
  – Cardiovascular Disease
  – Cancer
  – Unintentional Injury (motor vehicle & falls)
Madison County Health Priorities

• Round 3: 2007-2012
  – Addictive Behaviors
  – Sexual Health Behaviors
  – Cardiovascular Health

• Round 4: 2011-2016
  – Obesity
  – Air Quality/Environment
  – Teen Pregnancy
  – Mental Health
  – Substance Use and Abuse
2016–2021
Health Priority Areas

- Air Quality
- Substance Abuse
- Mental Health
- Obesity
Air Quality

- Avg daily PM2.5 12.2, similar to state
- 14.3% of residents in Madison County suffer from asthma, 9% with COPD
- Community concern about the refineries in the county
- Ranked 79 in physical environment on County Health Rankings
Substance Abuse

- 1,049 per 100,000 inpatient drug abuse cases in 2009–2010 (slightly higher than the state average)
- Over 150 heroin related arrests and 28 heroin overdoses already in 2015
- 25% smoking rate, 27% former smokers (higher than state average)
- 67% of 12th Graders report using any substance
https://partnershipdrugfree.org/
Mental Health

- 20% have depressive disorder
- Around 2,000 ER visits for mental health conditions
- 20% of residents report 8–30 not good mental health days, 40% of residents report 1–30 days
- 35% of youth reported depression, 20% considered suicide
- 1 in 4 adults experience a mental illness
- Mental illness creates a social and economic burden on society, and is associated with other chronic diseases such as cardiovascular disease, diabetes, obesity, and cancer (CDC)
Obesity

- Over 30% of residents are obese, 35% overweight
- 13% food insecure 10% limited access to healthy foods
- 52% of residents eat less than 3 servings of fruits or vegetables a day
- Community feedback on the walkability of the county
- Statewide adolescents overweight 14%, 12% obese (CDC)