Healthy People Process
Healthy People

1979 Surgeon General’s report stated that 70% of premature mortality in US was due to lifestyle and environment and that only 3.5% of the health care dollar was spent in health promotion and prevention areas.
Healthy People

Established mechanisms for:

– assessing community health status
– providing links between health and behavioral-environmental factors
– setting specific goals and measurable objectives for improving health status in 10 year increments
## Healthy People Comparisons

<table>
<thead>
<tr>
<th>HP 2010</th>
<th>HP 2020</th>
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<tbody>
<tr>
<td>• Two overarching goals</td>
<td>• Four overarching goals</td>
</tr>
<tr>
<td>• 28 focus areas</td>
<td>• 43 topic areas</td>
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<tr>
<td>• 467 specific objectives</td>
<td>• 100s of specific behavioral objectives</td>
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<tr>
<td>• 10 Leading Health Indicators</td>
<td>• Leading Health Indicators still under development</td>
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Healthy People 2020

The Vision of Healthy People 2020 is to have a society in which all people live long healthy lives.
Healthy People 2020 Mission

- Identify nationwide health improvement priorities
- Increase public awareness and understanding of the determinants of health, disease, and disability, and the opportunities for progress
- Provide measurable objectives and goals that are applicable at national, state and local levels
- Engage multiple sectors to take actions to strengthen policies and improve practices that are driven by the best available evidence and knowledge
- Identify critical research, evaluation, and data collection needs
Healthy People 2020 Goals

• Attain high quality, longer lives free of preventable disease, disability, injury, and premature death
• Achieve health equality, eliminate disparities, and improve health of groups
• Create social and physical environments that promote good health for all
• Promote quality of life, healthy development, and healthy behaviors across all life stages
Examples of focus area goals

• 3. Cancer:
  Reduce the number of new cancer cases as well as the illness, disability, and death caused by cancer.

• 6. Disability and Secondary Conditions:
  Promote the health of people with disabilities, prevent secondary conditions, and eliminate disparities between people with and without disabilities in the U.S. population.

• 10. Food Safety:
  Reduce foodborne illnesses.
Leading Health Indicators, 2010

- Physical Activity
- Overweight and Obesity
- Tobacco Use
- Substance Abuse
- Responsible Sexual Behavior
- Mental Health
- Injury and Violence
- Environmental Quality
- Immunization
- Access to Health Care
For more information on Healthy People 2020 and succeeding documents, follow link to

Healthy People Website
HP 2020 is a guide that is used for development of the Madison County Health Needs Assessment and Madison County 5 year Community Health Plan.