



Saturday, August 31, 2019

**Start: Former State Surplus Building (1148 Riviera Street)–
Report to start line by the JC Parks tent**

Finish: Ellis-Porter Riverside Park Pavilion

**Riverside Drive is OPEN at the upper park entrance –
direct route from start to Ellis-Porter Riverside Park**

Parking:

PARENTS may park in the former Missouri State Surplus Building or Department of Natural Resources parking lots (Riviera Street). Parents/adults are strongly encouraged to check-in their child, watch them take off and then drive to Ellis-Porter Riverside Park. Most of the obstacles are located in the park and they finish at the pavilion in the park. Some obstacles are located behind the Kirchner State School. You can park at the state school but do NOT park in front of private residences or trespass through their yards.

Start Line (10 minutes prior to start):

All participants will report to the start line at the former state surplus building (we will have a pop up tent with our Parks and Recreation logo on it). We plan to have all children lined up and ready to go 10 minutes before their registered time slot. We will line them up in age order (oldest to youngest) and be ready to go by event time. This is NOT A RACE.

The adult Prison Break starts at 8:30 and 8:45 a.m., so please be cautious as you park, cross roadways, etc. as they may be along the route.

- **Packet Pickup** will be at The Linc (1299 Lafayette Street) – Thursday, August 29 (5 am-10 pm and Friday, August 30 (5 am- 5 pm). Enter through the glass doors facing Lincoln Football Stadium. If you are not able to pick your packet up during these times, please allow for time to pick it up during the check-in process Saturday morning.
- All participants will receive a colored wrist band at packet pick-up. They must wear this wrist band in order to verify that they are registered for the event & receive their medal when they cross the finish line.
- Participants do not have to wear their Catch Me If You Can shirt. We recommend that they wear old clothes and shoes that they do not mind getting stained, torn, etc. Running type shoes with laces are strongly recommended – PLEASE TIE YOUR SHOES TIGHTLY! We recommend a change of clothes and/or a towel to be brought along with you. Do not wear jewelry or glasses (unless necessary).
- We will have an area designated at the pavilion to rinse off with hoses. This will be close to the restrooms.
- **Adults** will be allowed to walk/run along the route with their children and can help them on obstacles as needed. Volunteers will be along the route to help out as well.
- **NEW!** Any adult/parents that want to go on the obstacles can donate \$10 to our scholarship fund and enjoy the course along with their child(ren). YOU MUST purchase a blue wrist band at The Linc by Friday, August 30 at 5 p.m. We will not have them for purchase the day of the event.
- **Photos:** We would love to see your photos/videos. We will have staff taking as many photos as possible but encourage all adults to take some as well and share with us:
<https://www.facebook.com/events/480333186054861/> or email to atoebben@jeffcitymo.org.
- **In Case of Severe Weather**, sign up for text alerts: Text **CMIYC2019** to **81010** to receive **CMIYC 2019** alerts from **Jefferson City (MO) Parks and Recreation**.