

Jefferson City Parks and Recreation



JC PARKS

Summer Volleyball Rules and Guidelines 2019

Leagues Offered:

3rd & 4th Grade youth volleyball indoor league 6 on 6

Parks and Recreation is offering a youth instructional volleyball league for girls entering 3rd or 4th grade in the fall of 2019-2020 (must be a minimum of 8 years of age). All games will be played at The LINC beginning May 28 for six games. Standings will not be kept. Each player will receive a program t-shirt. Potential Game Times: 5:45, 6:35, 7:25, 8:15 p.m.

5th & 6th grade youth volleyball indoor league 6 on 6

Parks and Recreation is offering an instructional youth volleyball league for girls entering 5th & 6th grade in the fall of 2019-2020. All games will be played at The LINC beginning May 28 for six games. Standings will not be kept. Each player will receive a program t-shirt. Potential Game Times: 5:45, 6:35, 7:25, 8:15 p.m.

7-9th grade youth volleyball indoor league 6 on 6

Parks and Recreation is offering an instructional youth volleyball league for girls entering 7th - 9th grade in the fall of 2019-2020. All games will be played at The LINC beginning May 28 for six games. Standings will not be kept. Each player will receive a program t-shirt. Potential Game Times: 5:45, 6:35, 7:25, 8:15 p.m.

6th & 7th grade youth volleyball sand league 6 on 6 (coed, boys and girls divisions)

Parks and Recreation is offering a sand volleyball league for boys and girls entering 6th & 7th grade in the fall of 2019-2020. All games will be played at Binder Park on ***Thursday and/or Friday evenings*** beginning in late May/early June for six games. Standings will be kept. Each player will receive a program t-shirt. Potential Game Times: 5:45, 6:35, 7:25, 8:15 p.m.

8th & 9th grade youth volleyball sand league 6 on 6 (coed, boys and girls divisions)

Parks and Recreation is offering a sand volleyball league for boys and girls entering 8th & 9th grade in the fall of 2019-2020. All games will be played at Binder Park on ***Thursday and/or Friday evenings*** beginning in late May/early June for six games. Standings will be kept. Each player will receive a program t-shirt. Potential Game Times: 5:45, 6:35, 7:25, 8:15 p.m.

ELIGIBILITY

1. League will be determined by the grade the player is entering in the fall of **the 2019-2020**.
2. Each roster will have participant name, grade, age, parent/guardian names and phone numbers, address and any special notes (ie. Shirt size and school). If a phone number on your roster no longer works, please contact Parks and Recreation at 634-6482. **This is sensitive information.** Please do not give out to anyone else.
3. Each manager is responsible for the eligibility of his team's players. **Use of an ineligible player shall result in forfeiture of the game(s) involved.**
4. Players are allowed to play on only one team in the same league during the season.
5. **Coaches cannot move/trade players.** The responsibility of moving players from team to team will be by the Program Manager.

6. Should it become necessary to add players to a team, the Program Manager will make the addition. **Coaches cannot add players to their rosters.**

7. **WAITING LIST**

- **Players wishing to register after teams have been selected** will be placed on a waiting list in the order in which they register and will be placed on teams in the same order when a manager requests an additional player.
- Managers or parents may not call to find out where on the waiting list a particular person is positioned, but managers may call to request the next available anonymous person on the list.
- Once a manager requests a player, he/she will be automatically added to that team's roster.
- The participant should be informed by the manager that he/she has just been added to their team, to come by the office to pay fees before participating, and where and when the games and practices will be held.

PARTICIPATION RULES

EVERYONE PLAYS! All players in the league should have equal playing time.

SCHEDULING

1. The Department of Parks and Recreation reserves the right to reschedule canceled games to any day, site, and time.
2. **Volleyball games will be played on Tuesday, Wednesday, or Thursday evenings for 3rd-9th grade indoor, Thursday and/or Friday evenings for the 6-7th and 8-9th grade sand leagues and Sunday evenings for the High School sand leagues.**
3. Games will be scheduled 50 minutes apart starting at 5:45 p.m.
4. Each team will be scheduled for a 6 game schedule.
5. Remember, this program is designed to be fun and to develop skills for the youth. Please emphasize this with your coaches. If you have any questions concerning this program, please free to call Steve Schellman at 634-6493. Thank you for your cooperation.

PARTICIPANT BLEEDING/BLOOD ON A UNIFORM:

In youth volleyball a player or coach who is bleeding or who has blood on her uniform shall be prohibited from participating further in the game until appropriate treatment, including bandaging as necessary to prevent recurrence, has been administered. If medical care is needed, the player must leave the game until the problem situation has been resolved! A 70% isopropyl alcohol solution must be used to disinfect skin and uniforms. All infected areas must be thoroughly cleaned before this individual is allowed to continue participating in a game or practice. This may require that the player remove affected clothing and replace it in order to be able to continue participating in the event!

In all youth volleyball leagues the official may call a time-out and give the player/manager a reasonable amount of time to take care any situation involving blood on a uniform/person/floor. If, in the opinion of the official, time becomes excessive the game will proceed with a substitute entering for that player. In the event that a substitute is not available, the team will play short until the wound and blood have been properly cared for.

If a substitute is used, all regular substitution rules will apply.

DRUGS, ALCOHOL AND TOBACCO

1. We believe that youth sports should be drug, alcohol and tobacco free. Therefore the Department requests that coaches, fans, family and friends refrain from these activities to help set an example for the children.
2. Smoking and chewing tobacco are absolutely prohibited in the gym. Alcoholic beverages and/or drugs are not permitted at Trinity Lutheran, Salvation Army and Miller Performing Arts Center. Coaches and fans under the influence or in possession thereof will be asked to leave the premises immediately by the program supervisor(s). Failure to do so, even if the offender is a fan, will result in termination of the game and the Police Department will be called.

EQUIPMENT

1. The game balls will be provided by the Department of Parks and Recreation. Indoor leagues will use a Volley-Lite Volleyball and the sand leagues will use a sand volleyball.
2. Tennis shoes are required. They should be leather and not canvas. Shoes should be comfortable, have considerable ankle support, light colored soles, and a surface recommended for traction on concrete surface floors.
3. Players should be equipped with knee pads for protection.
4. The net will be at a height of 7'0" 3rd – 6th grade indoor leagues and 7'4" for 7-9th indoor and sand leagues.

UNIFORMS

All girls will be provided with a league t-shirt that they need to wear while playing in the league. Sand teams will be allowed to cut the sleeves out of the t-shirts but please do not slit the entire sides down to waistline.

PRACTICE

1. Each team will receive at least two volleyballs for practice if needed.
2. Shikles Gymnasium will be available on a first come first serve basis for teams in this league. Due to limited gym space, there is a gym rental fee of \$9.00 per hour (this is half price of our standard rental rate). It is also recommended that you contact your school and/or church for information regarding a practice site and equipment for practice purposes. The Recreation Center will be available to reserve as well on a first come first serve basis – rental rate is \$15 per hour (discounted rate for our teams). Binder sand courts will only be available to reserve until the season begins in late May. To check on any of these locations, please call 573-634-6482.
3. **No team** will be permitted to require more than **one practice** in any Sunday to Saturday period.

PLAYER/TEAM CONDUCT

1. All players and teams are expected to conduct themselves in a sportsmanlike manner.
2. **Undue harassment of the official before, during, or after a game may result in the ejection of the individual(s) involved from the game/match.** Any player, coach, or fan who is ejected from a game by a sports official or Department representative, will be suspended from attendance and participation in his/her team's next match (Depending on the severity of the situation the suspensions may last the remainder of the season and possibly go into next season as well).
3. After an ejection for the match, the individual ejected must immediately leave the gym and spectator area. Failure to do so or continued harassment of the official may lead to a second ejection and forfeiture of the match by that player's team. If the game is forfeited for this reason the team will be required to pay the re-entry fee.
4. **REMOVAL FROM THE PROGRAM:** Any player who strikes or verbally threatens to strike an official; who fights with another player; or who is ejected for unsportsmanlike behavior for the second time within one season is suspended from participation for the remainder of the program's season.
5. Any team or individual who intentionally damages a facility or equipment being used for Parks and Recreation play will be billed for the full replacement cost of said property and will be suspended from all Parks and Recreation programs until such restitution is made.

6. Any team or individual who fails to heed the request of on-site Parks and Recreation personnel regarding program operation or facility care will be suspended from all Parks and Recreation programs until he/she/they submits a written account of the incident and is reinstated by the Recreation Program Supervisor.
7. The Parks and Recreation Department reserves the right to lengthen any suspension for any length of time if circumstances so warrant.

OFFICIAL'S CARDING PROCEDURES FOR UNSPORTSMANLIKE CONDUCT

Yellow Card: Warning (No penalty)!

Red Card: Penalty (loss of point or side out)!

Red/Yellow Cards Together: Expulsion of player for the remainder of the game!

Red/Yellow Cards in Separate hands: Disqualification of player for the remainder of the match and suspension from the next scheduled match too!

PICTURES

Every season team pictures are taken. These pictures are optional to purchase and are not included in the price of the program. You may take the pictures on your own if you would like or contact a professional. Please contact the photographer of your choice to set up the date, time and location. Please make sure you are there 15 minutes early. To ensure that all team members show up for the team picture, a reminder call the night before is very helpful. Even if families aren't buying pictures, encourage them to still be in the team picture. If there are problems with the photos, the photographer needs to be contacted directly. This information is located on the picture envelope.

Volleyball Rules

1. The National Federation of High School Volleyball Rules will govern play.
2. All members of both teams must line up at the backline prior to the first game and shake hands with the opponents when directed by the official. The starting players will then proceed to their starting positions.
3. 7-9th Grade Indoor and Sand Leagues: Matches will be played with rally scoring to 23 with a 25 point cap; 3rd-6th Grade Indoor Leagues: Matches will be played with rally scoring to a 13 minute time limit.
4. Game time is forfeit time. Teams must have at least four players ready to play at game time or the match will be forfeited. Ten minutes will be allowed to elapse before the second and third games are declared forfeits. When, for any reason, a team is reduced to less than four (4) players, the remaining games will be forfeited (except as stated in #9 below).
5. Teams shall change courts after each game.
6. Substitutes may enter the game only in the center-back position unless an injury occurs. A late arrival must wait to rotate in until her team has the service.
7. Substitution in Parks and Recreation play is unlimited, unless in the opinion of the official, he/she considers a team to be using substituting as a method of stalling.
8. **Each team must supply a Line Judge to watch the lines for each game.**
9. It is recommended that players carry their game shoes into the gym to help keep the playing surface clean.
10. A ball may be played off the ceiling on the same side of the net, but a ball hitting the ceiling and crossing the net will be dead. Balls hitting basketball goals are also out of play, unless in the opinion of the official, the ball could have been played (in that case a reserve will be called).
11. Net contact (any part of the net) by player is not allowed.
12. **Service Toss**: If the ball, after having been tossed or released by the server, lands without touching the player, it is considered a service tossing error. After a service tossing error, the referee must authorize the service again, and the server must execute it within the next five seconds. **One service tossing error is permitted for each term of service. PLEASE NOTE: we will allow the players to catch the ball in the summer league!**
13. **Serving Line**: The serving line is 15 feet for 3rd-4th grade, 20 feet from the net for 5-6th and regulation (30 feet) for 7-9th grade. Sand Leagues serving line will be at the back line (6-7th grade sand may take one step in).
14. Violations such as lifting, carrying, and spiking are judgment calls and are not protestable.
15. **Intentional kicking is not allowed.** Unintentional or inadvertent contact below the waist will be allowed, but intent is a judgment call by the referee.
16. 3rd – 4th grade: each team will serve three (3) serves then side out. We will not use rally scoring.
17. **5-6th grade indoor: the service limit per term of service is 5 serves.**
18. Net contact (any part of the net) by player is not allowed.

19. 7-9th Grade Indoor and Sand leagues: League standings will be kept by games. Individual awards will be given to each championship team. Should a tie occur, head-to-head competition will be used to determine the champion. If that does not produce a champion a play-off will be scheduled.
20. 3rd – 6th Grade Indoor Leagues: standings will not be kept.