Dear Parent/Guardian:

Thank you for enrolling your child(ren) in the NFL FLAG Football Program with the Jefferson City Parks and Recreation Department. We hope you and your child(ren) have a great season!

I wanted to give you some information regarding the league.

Your coach should have requested forms from you (Parent’s Code of Ethics and Indemnification/Medical Information Form). You can download these forms at the website below. These forms need to be returned to your coach, not to Parks and Recreation. The assistant manager form, rules, and field map are also located on this website.


- Parents Code of Ethics
- Players Code of Ethics
- Indemnification/Medical Form 2018
- NFL Rules Packet
- Map of Game Fields and Parking - Washington Park (Duensing, Lions or Eagles Field)
- Map of Practice Fields (North Jefferson Recreation Area – Fields #1 – 10)
- All files and documents given to coaches: [bit.ly/fbcoach18]

IMPORTANT INFORMATION!

- **LEAGUE START DATE:** We will be starting the week of August 27.
- **Team Site:** all teams have a team site with Team Sideline – access roster, coach information, schedule, etc. [www.teamsideline.com/jeffersoncity].
- **SEATING:** Spectators will be able to sit along the sidelines behind a designated spectator line – you will need to bring your own seating. Please make sure you sit on the same side as your team and on either side of the coach/player box or behind an end zone.
- **Reminder:** NO pets, tobacco products, alcoholic beverages or glass containers allowed at our ballparks during youth sports – this is a health and safety issue!
- **NFL FLAG Belts and Jerseys** – these are yours to keep but we do recommend to the coaches that they keep the flag belts during the season and give to you after the last game. We have also asked coaches to label and trim the flag belts for each child on the team so the excess belt does not get mixed up as an actual flag.
- Jerseys must be tucked in at all times. **Jerseys are reversible. Teams listed as home will wear dark side out. Teams listed as away will wear light side out.**
- **SHORTS/PANTS:** shorts/pants cannot have belt loops or pockets. If they do, they must be taped. SHORTS CANNOT BE THE SAME COLOR as the flag belts (includes stripe).
- Your child will need to wear a **mouth piece.** If you purchase a mouth piece that has the piece for a helmet, please remove that piece or cut it off so that an opposing player cannot grab it by accident and possibly injure your child. Mouth pieces will be sold at the concession stand as well.
- **In case of inclement weather, you can sign up for your league text message at [http://bit.ly/jcparkstexts]**
If you have any questions and/or concerns, please don’t hesitate to contact us.

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