The B-U Pool is offering One-on-One and Group Swim Lessons for the 2019 summer season. Lessons are offered Monday – Friday as follows:

- **One-on-One lessons for Children Under 4 Years of Age (or by request)**
  - $15.00 - 45 Minutes
- **Group Swim Lessons Monday – Friday 9:30am-10:30am or 10:45am—11:45am**
  - $50 per week
Level 1: Introduction to Water Skills: Students will learn how to feel comfortable in the water safely.

Level 2: Fundamentals of Aquatic Skills: Children will learn basic swimming skills.

Level 3: Stroke Development: Additional guided practice will help students improve their skills.

Level 4: Stroke Improvement: Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills.

Level 5: Stroke Refinement: Guidance allows kids to refine their strokes and become more efficient swimmers.

Level 6: Swimming and Skill Proficiency: Students will learn to swim with ease and efficiency and gain the ability to swim smoothly over greater distances. Swimmers will also have the option to participate in more advanced courses.
Choose Lesson Type:

☐ One-on-One (45 mins.)  ☐ Group

Circle Lesson Preferences:

Mon Tue Wed Thur Fri

9:30am – 10:30am or 10:45 -11:45am

______________________________

Child’s Name

Circle Gender: Female Male

Date of Birth: _____/_____/_____ Age:_____

Circle Level: *use the assessment tool in this packet

1 2 3 4 5 6

______________________________

Name of Parent/Guardian

______________________________

Mailing Address

______________________________

City State Zip

______________________________

Phone

______________________________

Email Address

______________________________

Name of Emergency Contact

______________________________

Emergency Contact Phone Number

Please list any medical condition(s) staff should be aware of:

____________________________________________________

____________________________________________________

____________________________________________________

____________________________________________________

RELEASE OF LIABILITY
(Required to Participate)

I, the undersigned, individually and as a parent/guardian of the swimmer mentioned above, a minor, ask that he/she be admitted to participate in swim lessons sponsored by the BU Recreation Park. I do hereby agree to release, discharge and hold harmless BU Recreation Park and all affiliates, including but not limited to the Upshur County Commission, from all causes, liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor’s attendance at the swim lesson or in the course of activities held in connection with the program

Parent/Guardian Signature: ____________________________ Date: _____/_____/_____