All registrations must include proof of residency or they will be sent back. Proof of residency cannot be kept on file. A check is not considered proof of residency.
SPECIAL NOTE: ALL REGISTRATIONS MUST INCLUDE PROOF OF RESIDENCY OR THEY WILL BE SENT BACK. A CHECK IS NOT CONSIDERED PROOF OF RESIDENCY. CLASS PARTICIPATION MAY BE CONFIRMED BY SENDING A SELF ADDRESSED STAMPED ENVELOPE WITH YOUR REGISTRATION; OTHERWISE YOU WILL BE NOTIFIED ONLY IF YOU DO NOT RECEIVE YOUR FIRST CHOICE. SIGN UP EARLY! THERE IS LIMITED SPACE IN ALL CLASSES AND PROGRAMS.

PARKS AND RECREATION COMMISSION
AL CENTONE, Secretary
ROBERT KOWALEWSKI
FRANK MONTAGNA, Vice Chairman
CHRISTOPHER PAGAN
SUSAN PUZYCKI
MARY LOU STAMP, Chairman
JOAN WALSH

DEPARTMENT OF COMMUNITY SERVICES AND RECREATION STAFF
ANDREW DELVECCHIO, ASSISTANT DIRECTOR/RECREATION
KATE MEIKLE, ASST. DIRECTOR OF POOL
JOHN BIMONTE, PROGRAM COORDINATOR
JENNIFER KLEIN, SECRETARY
ANDY DELGADO, MAINTENANCE MAN
Registration Information

ALL PROGRAM REGISTRATIONS ARE ACCEPTED ON A FIRST COME, FIRST SERVED BASIS BY MAIL ONLY AT THE OPENING DATE OF REGISTRATION. THE OPENING DATE IS AS FOLLOWS:

SPRING: MAIL-IN REGISTRATIONS CANNOT BE POSTMARKED EARLIER THAN THREE (3) DAYS PRIOR TO THE OPENING DATE FOR EACH REGISTRATION PERIOD. WALK-IN REGISTRATIONS FOR RESIDENTS ONLY WILL BE ACCEPTED ONE (1) WEEK FOLLOWING THE OPENING DAY OF REGISTRATION.

NON-RESIDENTS MAY REGISTER BY MAIL OR IN PERSON BEGINNING TWO (2) WEEKS FOLLOWING THE OPENING DAY OF REGISTRATION. NON-RESIDENTS ARE NOT ELIGIBLE FOR MOST POOL PROGRAMS.

RECREATION & POOL
PROGRAM REGISTRATION

Resident Mail In – February 17
(postmark no earlier than February 14)

Resident Walk In – February 24

Non-Resident – March 3

HOW TO REGISTER:

1. FILL OUT ONE (1) REGISTRATION FORM FOR EACH PERSON AND PROGRAM.

2. WRITE ONE (1) CHECK FOR EACH PERSON AND PROGRAM, PAYABLE TO "TREASURER, TOWN OF NORTH HAVEN".

3. INCLUDE PROOF OF RESIDENCY. PROOF OF RESIDENCY MUST BE INCLUDED EVERY TIME YOU REGISTER. IT IS NOT KEPT ON FILE!

4. INCLUDE PROOF OF AGE FOR YOUTH PROGRAMS. IF YOU ARE SURE YOUR CHILD’S BIRTH CERTIFICATE IS ON FILE WITH THE DEPARTMENT, YOU DO NOT NEED TO SEND ONE WITH YOUR REGISTRATION. IF YOU ARE UNSURE, PLEASE SEND ONE. WE WILL PUT IT ON FILE.

ONE OF THE FOLLOWING WILL BE ACCEPTED FOR PROOF OF RESIDENCY:

VALID CT DRIVER’S LICENSE
LEASE OR MORTGAGE
TWO (2) RECENT UTILITY BILLS
VOTER REGISTRATION CARD
TAX BILL FOR REAL PROPERTY (REAL PROPERTY IS BUILDING OR LAND. THIS DOES NOT PERTAIN TO MOTOR VEHICLE AND OTHER LIKE TAXES)

ONE OF THE FOLLOWING WILL BE ACCEPTED FOR PROOF OF AGE:

COPY OF BIRTH CERTIFICATE
COPY OF BAPTISMAL CERTIFICATE

THE DEPARTMENT RESERVES THE RIGHT NOT TO PROCESS ANY REGISTRATION WITH INCOMPLETE INFORMATION OR INSUFFICIENT PROOF OF AGE AND/OR RESIDENCY. ALL PROGRAM TIMES ARE BEGUN AND ENDED PER THE TIMEPIECE OF THE PARTICULAR PROGRAM ACTIVITY SUPERVISOR. THIS RULE MUST BE STRICTLY ADHERED TO BY ALL PARTICIPANTS.
REGISTRATION INFORMATION

MAILING ADDRESS/TELEPHONE
7 LINSLEY STREET
NORTH HAVEN, CT  06473
TELEPHONE:  239-5321 EXT. 530
www.north-haven.ct.us
recreation@town.north-haven.ct.us

OFFICE HOURS
MON.-FRI.  9:00 A.M.-4:30 P.M.
MON.-THURS. 6:30-8:30 P.M.

REFUND POLICY: REFUNDS WILL NOT BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE DEPARTMENT. YOUR SPACE CAN BE FILLED WITH ANOTHER REGISTRATION, OR A PHYSICIAN’S NOTE IS PROVIDED. SHOULD THE DEPARTMENT INITIATE A CANCELLATION OF A CLASS AFTER THE START OF THE PROGRAM AND MAKEUPS CANNOT BE RESCHEDULED, A CREDIT WILL BE ISSUED. HOWEVER, IF THE OPPORTUNITY FOR A MAKEUP IS PROVIDED, NO CREDIT WILL BE ISSUED.

CANCELLATION INFORMATION: IN THE EVENT OF INCLEMENT WEATHER OR OTHER FACTORS BEYOND OUR CONTROL, PROGRAMS MAY NEED TO BE CANCELLED. PARTICIPANTS ARE ADVISED TO CALL THE RECREATION INFO-LINE AT 234-2535.

RESIDENCY-DEFINED: RESIDENTS ARE DEFINED AS THOSE PERSONS DOMICILED ON A PERMANENT BASIS IN THE TOWN OF NORTH HAVEN OR THOSE PERSONS WORKING ON A PERMANENT FULL-TIME BASIS IN THE TOWN OF NORTH HAVEN. INDIVIDUAL OWNERS OF REAL PROPERTY (NON-MOTOR VEHICLE) ARE INCLUDED IN THIS DEFINITION. PLEASE NOTE: ANY PERSON WORKING FULL-TIME IN THE TOWN OF NORTH HAVEN IS CONSIDERED A RESIDENT AND IS ELIGIBLE TO PAY THE PROGRAM’S ESTABLISHED RESIDENT FEE. THIS PRIVILEGE IS NOT EXTENDED TO THE FAMILY MEMBERS OF THE EMPLOYEE. THOSE PERSONS WHO WORK IN THE TOWN OF NORTH HAVEN MUST SHOW PROOF OF FULL-TIME EMPLOYMENT SUCH AS: A CURRENT PAY STUB OR LETTER FROM THE EMPLOYER AT THE TIME OF REGISTRATION. SPECIAL NOTE: POOL MEMBERSHIPS ARE SUBJECT TO ADDITIONAL RESTRICTIONS.

NON-RESIDENT FEE: ADD $10.00/ RECREATION PROGRAM. RESIDENTS ONLY FOR POOL MEMBERSHIPS. OTHER RESIDENT ONLY PROGRAMS ARE NOTED IN THE PROGRAM DESCRIPTION. FOR AN ADDITIONAL $40.00 NON-RESIDENT FEE PLUS THE PROGRAM FEE, NON-RESIDENTS ARE ELIGIBLE FOR SWIM LESSONS AND AQUA AEROBICS ONLY.

SPECIAL INFORMATION: ALL CLASSES ARE HELD AT THE MILDRED A. WAKELEY RECREATION CENTER, UNLESS OTHERWISE NOTED. CLASS LOCATION, FEES, AND INSTRUCTORS ARE SUBJECT TO CHANGE. BE SURE TO SIGN UP EARLY FOR THERE IS LIMITED SPACE IN ALL CLASSES AND PROGRAMS. YOU MAY OBTAIN INFORMATION FROM THE RECREATION OFFICE OR FROM THE COLUMNS IN THE NORTH HAVEN POST, THE NORTH HAVEN COURIER AND THE ADVISOR. FACILITIES AND PROGRAMS OF THE COMMUNITY SERVICES AND RECREATION DEPARTMENT ARE AVAILABLE TO INDIVIDUALS OF ALL ABILITIES. PLEASE LET US KNOW WHEN YOU REGISTER IF YOU NEED ASSISTANCE TO PARTICIPATE DUE TO A DISABILITY.

INCLUSION POLICY: THE COMMUNITY SERVICES AND RECREATION DEPARTMENT WELCOMES THE PARTICIPATION OF ALL INDIVIDUALS, INCLUDING THOSE WITH DISABILITIES, INTO OUR PROGRAMS. WE WILL COMPLY WITH THE SPIRIT AND INTENT OF THE AMERICANS WITH DISABILITIES ACT (ADA) IN MAKING REASONABLE ACCOMODATIONS FOR THOSE INDIVIDUALS WHO ARE IN NEED. PLEASE INFORM US OF YOUR SPECIAL NEEDS, AT THE TIME OF REGISTRATION. A MINIMUM NOTICE OF AT LEAST TWO WEEKS PRIOR TO THE START OF THE PROGRAM IS REQUESTED FOR ACCOMODATION.

PAYMENT: FULL PAYMENT IS REQUIRED AT TIME OF REGISTRATION TO SECURE A SPOT IN ANY PROGRAM; WITH THE EXCEPTION OF THE MOPPET MINDERS PROGRAM, IN WHICH A CHILD IS ENROLLED FOR THE CALENDAR SCHOOL YEAR AND IS PAID ON A MONTHLY BASIS.
POOL MEMBERSHIP

POOL FEES:
ANNUAL MEMBERSHIPS (RESIDENTS ONLY) RUN YEARLY FROM JULY 1 THROUGH JUNE 30**. PROOF OF RESIDENCY, AGE AND/OR FULL TIME EMPLOYMENT IS REQUIRED AT THE TIME OF PURCHASE.

SENIOR SINGLE: $40.00 SENIOR CITIZENS MUST BE 60 YEARS OF AGE
SR. CITIZEN COUPLE: $50.00
ADULT SINGLE: $85.00 ADULT SINGLE FOR THOSE 18 AND OVER
YOUTH SINGLE: $75.00 YOUTH SINGLE FOR THOSE 17 AND UNDER
FAMILY OF TWO: $125.00 FAMILY OF 2-COUPLE, OR (1) PARENT/GUARDIAN & A CHILD 17 & UNDER
FAMILY OF 3+: $145.00 FAMILY OF 3 OR MORE, ANY COMBINATION OF THE FOLLOWING – 1 OR 2 PARENTS AND OR GUARDIANS AND 1 OR MORE CHILDREN 17 & UNDER

**RATES ARE NOT PRO-RATED.

CORPORATE MEMBER: $310.00 OR LESS
AVAILABLE TO FULL-TIME EMPLOYEES OF COMPANIES LOCATED WITHIN THE TOWN OF NORTH HAVEN. ASK ABOUT GROUP DISCOUNTS. SEE FLYER AT THE POOL OR RECREATION OFFICE.

NEW MEMBERSHIPS - ISSUED MONDAY-FRIDAY AT THE RECREATION OFFICE FROM 9:00 A.M. TO 4:30 P.M. AND MONDAY-THURSDAY AT THE RECREATION OFFICE FROM 6:30 P.M. TO 8:30 P.M.

RENEWALS - PROCESSED DURING NORMAL BUSINESS HOURS.

DAILY FEES:
ADULT: $5.00
SR. CITIZEN: $4.00
CHILDREN: $4.00
NON-RESIDENT GUEST: $10.00
NON-RESIDENT WORKING
FULL TIME IN NORTH HAVEN: $12.00

POOL HOURS: THROUGH JUNE 27, 2020
OPEN SWIM: (SUBJECT TO CHANGE)
MONDAY-FRIDAY 11:00 A.M.-12:30 P.M.
MON. /WED. 7:00-9:00 P.M.
TUES. /THURS. 6:00-8:00 P.M.
SATURDAY 2:00-4:00 P.M.
***SUNDAY 2:00-5:00 P.M.
ADULT SWIM:
MONDAY-FRIDAY 6:30-8:30 A.M.
MONDAY-FRIDAY 12:30 -1:30 P.M.
SATURDAY 1:00-2:00 P.M.
***SUNDAY 1:00-2:00 P.M.
SENIOR CITIZEN SWIM:
TUES. /THURS. 10:00-11:00 A.M.

***PLEASE NOTE THAT SUNDAY HOURS ARE EFFECTIVE SEPTEMBER 8, 2019 THROUGH MAY 17, 2020.

THE WALTER J. GAWRYCH COMMUNITY POOL
IS A STATE OF THE ART AQUATIC FACILITY FEATURING AN 8 LANE, 25-YARD POOL, WITH TWO 1- METER DIVING BOARDS, AND SUPPORT FACILITIES TO ACCOMODATE. THE POOL IS ACCESSIBLE TO THOSE WITH SPECIAL NEEDS AND DISABILITIES. THE POOL IS OPEN TO RESIDENTS OF NORTH HAVEN AND THEIR GUESTS ACCORDING TO THE POSTED SCHEDULE FOR A DAILY FEE OR WITH A YEARLY MEMBERSHIP. POLICY-ANY CHILD 6 YEARS OF AGE OR IN FIRST GRADE (WHICHEVER COMES FIRST) MUST USE THE APPROPRIATE GENDER LOCKER ROOM. THERE WILL BE LIMITED ACCESS TO THE STAFF LOCKER ROOM. CHILDREN 8 YEARS AND UNDER MUST BE ACCOMPANIED BY AN ADULT IN THE POOL. CHILDREN MUST BE 9 YEARS OLD AND ABLE TO SWIM ONE LENGTH OF THE POOL WITH THE USE OF A FLOATATION DEVICE IN ORDER TO BE LEFT ALONE. NO FOOD OR BEVERAGE (OTHER THAN BOTTLED WATER) IS ALLOWED IN THE POOL FACILITY. THESE AREAS INCLUDE: THE WOMEN’S AND MEN’S LOCKER ROOMS, THE POOL DECK, POOL FOYER, AND THE POOL OFFICE.

*HAIR POLICY – THOSE WITH SHOULDER LENGTH HAIR OR LONGER MUST WEAR A BATHING CAP OR MUST HAVE THEIR HAIR TIED BACK. NO LOOSE HAIR. THIS INCLUDES SWIMMING LESSON PARTICIPANTS.*
Mail in Registration for NORTH HAVEN RESIDENTS ONLY will be accepted on a first come, first served basis beginning Monday, February 17, 2020. (Postmarked no earlier than February 14, 2020) Walk in Registration begins Monday, February 24, 2020. Non-Resident Registration begins on Monday, March 3, 2020. Because of limited space it would be in your best interest to pick a second choice. For class confirmation, please include a self-addressed, stamped envelope. For an additional $40.00 non-resident fee plus the program fee, non-residents are eligible for swim lessons and aqua aerobic classes only.

**ALL CHILDREN’S SWIM LESSONS**
SATURDAY CLASSES: March 14 – May 9, 2020
(7 CLASSES) No class April 4, 18

**INTRO LEVEL** - (Ages 6 - 36 months) PARENT AND CHILD ENRICHMENT
FEE: $75.00

**PURPOSE:** Orientation to Aquatic Environment, to create a sound foundation for Aquatic and Safety Skills.

**COURSE CONTENT:** Supported floating and kicking on front and back, arm motions, introduction to breath holding, blowing bubbles and circle time.

**LEVEL I PRESCHOOL** - (3 - 5 years old) DEVELOPED FOR THE BEGINNING SWimmer
FEE: $75.00

**PURPOSE:** To overcome any fears and to work on beginning swimming skills.

**COURSE CONTENT:** Swim belts are worn. Kicking, floating, underarm pulling is taught while child learns to swim independently with the belt. Learn basic safety rules.
YOUTH AQUATIC PROGRAMS

**LEVEL II PRESCHOOL** - (3 - 5 years) PRIMARY SKILLS
FEE: $75.00  
**SATURDAY**  
TIMES: 9:00-9:30, 10:00-10:30, 10:45-11:15, 11:15-11:45, 11:45-12:15

PURPOSE: To transition swimmers off of floatation devices.
COURSE CONTENT: Independent floating and kicking on front and back, locomotion advancement and personal safety. Swim belts are transitional.

**LEVEL II SCHOOL AGE** - (5 years and up) PRIMARY SKILLS
FEE: $75.00  
**SATURDAY**  
TIMES: 9:00-9:30, 9:30-10:00, 10:45-11:15, 11:45-12:15

PURPOSE: To transition swimmers off of floatation devices.
COURSE CONTENT: Independent floating and kicking on front and back, locomotion advancement and personal safety. Swim belts are transitional.

**LEVEL III PRESCHOOL** - (3 - 5 years) DEVELOPED FOR THE INDEPENDENT SWIMMER
FEE: $75.00  
**SATURDAY**  
TIMES: 10:00-10:30

PURPOSE: To develop over arm strokes on front and back and to work towards completing a lap.
COURSE CONTENT: Rhythmic breathing, combined stroke on front and back, reaching and extension assists. No swim belts are worn.

**LEVEL III SCHOOL AGE** - (5 years and up) DEVELOPED FOR THE INDEPENDENT SWIMMER
FEE: $75.00  
**SATURDAY**  
TIMES: 9:00-9:30, 9:30-10:00, 11:15-11:45

PURPOSE: To develop over arm strokes on front and back and to work towards completing a lap.
COURSE CONTENT: Rhythmic breathing, combined stroke on front and back, reaching and extension assists. No swim belts are worn.
**LEVEL IV & V** - (Ages 5 and up) STROKE READINESS  
FEE: $90.00  
**SATURDAY**  
TIMES: 10:00-10:45, 11:45-12:30  
**PURPOSE:** Increase swimming skill competency and practice safety skills.  
**COURSE CONTENT:** Fundamentals of elementary backstroke, breaststroke kick and continued work on freestyle and backstroke form and endurance. Must be able to swim full laps of backstroke and freestyle. **No swim belts are worn.**  
**PLEASE BE ADVISED THIS IS A 45 MINUTE CLASS!**

**ADAPTIVE AQUATICS** - (Ages 3 – 17 yrs)  
FEE: $58.00  
**SATURDAY**  
Swimming for the physically and mentally challenged. Must see the aquatic director, if not previously enrolled in class.  
**Times will be assigned prior to the first class.**
ADULT AQUATIC PROGRAMS

ADULT SWIM LESSONS - (Ages 18 and older)
FEE: $90.00    DATES: Saturdays, March 14 – May 9    TIME: 12:30-1:15 p.m.
(7 sessions) No Class 4/4 & 4/18
BEGINNER COURSE OBJECTIVE: Tailored to specific student goals such as overcoming fear of water, learning the crawl stroke and self-survival techniques.
INTERMEDIATE COURSE OBJECTIVE: To improve stroke, kick and breathing techniques, aerobic improvement and plan workouts for the recreational and competitive swimmer.

AQUA AEROBICS - (All ages.)
DATES: Mondays, Wednesdays & Fridays April 6 – June 2
TIME: 11:00- 11:55 a.m.
No Class April 10, May 25
FEE: No charge for members with a current yearly pool membership. A daily pass rate will be charged to those who do not have a current yearly pool membership.
COURSE OBJECTIVE: To increase flexibility and range of motion with the water providing a cushion for joints and bones while exercising the entire body. A fun and challenging workout! NO SWIMMING EXPERIENCE IS NEEDED.

SPECIAL NEEDS SWIMMING - (Ages 18 and older)
FEE: $58.00    DATES: Saturdays, March 14 – May 9
(6 Sessions) No class 4/4 & 4/18
COURSE OBJECTIVE - Swimming for the physically and mentally challenged. Must see the Aquatic Director, if not previously enrolled in class.
YOUTH PROGRAMS
GYMNASTICS

IN ORDER TO FACILITATE THE LEARNING PROCESS, PARENTS ARE ASKED TO USE THE WAITING AREAS LOCATED IN THE MAIN HALLWAY WHILE YOUTH PROGRAMS ARE IN SESSION. (NOTE: TEENY TOTS- 3YR OLDS, TINY TOTS- 4YR OLDS, and JUNIOR TOTS 5YR OLDS DO NOT APPLY) ALL STUDENTS MUST BE IN BARE FEET OR CHEER SNEAKERS. LEGGINGS ARE ACCEPTABLE. PLEASE DO NOT WEAR TIGHTS WITH FEET. LOOSE COMFORTABLE CLOTHING OTHER THAN JEANS IS PERMITTED. SHOULDER LENGTH HAIR OR LONGER MUST IN A PONYTAIL OR BE TIED BACK. NO JEWELRY OF ANY KIND PERMITTED. ALL STUDENTS MUST BE OF AGE BY THE START OF CLASS.

**JUNIOR TOTS GYMNASTICS & TUMBLE** - (ages 3 – 5)

**FEE:** $135.00

**DATE:** Saturdays, Mar. 28 – June 13  

**TIME:** 9:15-10:00 a.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class is designed for younger athletes (ages 3-5) who are interested in learning and introduction to gymnastics basics. Athletes will be instructed in all aspects of TUMBLING. No matter the ability level, athletes will learn proper technique, balance, coordination, strength, flexibility, and most importantly TUMBLING! CLASS SIZE IS LIMITED!

**BEGINNER TUMBLE** - (ages 5 – 10)

**FEE:** $135.00

**DATE:** Saturdays, Mar. 28 – June 13  

**TIME:** 10:10-11:00 a.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class is designed for athletes working on the beginner tumbling skills, starting at forward rolls and handstands, and progressing to back walkovers and back handsprings. Athletes will concentrate heavily on flexibility and strength building during this class. Commensurate with All-Star (Levels 1 & 2) CLASS SIZE IS LIMITED!

**BEGINNER TUMBLE** - (ages 11 – 18)

**FEE:** $135.00

**DATE:** Saturdays, Mar. 28 – June 13  

**TIME:** 10:10-11:00 a.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class is designed for athletes working on the beginner tumbling skills, starting at forward rolls and handstands, and progressing to back walkovers and back handsprings. Athletes will concentrate heavily on flexibility and strength building during this class. Commensurate with All-Star (Levels 1 & 2) CLASS SIZE IS LIMITED!

**INTERMEDIATE TUMBLE** - (ages 5 – 10)

**FEE:** $135.00

**DATE:** Saturdays, Mar. 28 – June 13  

**TIME:** 11:10 am-12:00 p.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class is designed for athletes ready to progress past a back handspring and the connection of the tuck and layouts. We will focus strongly on proper technique while incorporating strength, conditioning, and flexibility. Commensurate with All-Star (Levels 3 & 4) CLASS SIZE IS LIMITED!

**INTERMEDIATE TUMBLE** - (ages 11 – 18)

**FEE:** $135.00

**DATE:** Saturdays, Mar. 28 – June 13  

**TIME:** 11:10 a.m.-12:00 p.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class is designed for athletes ready to progress past a back handspring and the connection of the tuck and layouts. We will focus strongly on proper technique while incorporating strength, conditioning, and flexibility. Commensurate with All-Star (Levels 3 & 4) CLASS SIZE IS LIMITED!

**ADVANCED TUMBLE** - (ages 5 – 18)

**FEE:** $135.00

**DATE:** Saturdays, Saturdays, Mar. 28 – June 13  

**TIME:** 12:10-1:00 p.m.

**INSTRUCTORS:** Planet Stunt Staff

(9 sessions) No class 4/4, 4/18, 5/23

This class will focus on the more advanced tumbling skills. Athletes will concentrate on mastering specialty tumbling passes and twisting skills. Commensurate with All-Star (Level 5 & 6) CLASS SIZE IS LIMITED!
YOUTH PROGRAMS

IN ORDER TO FACILITATE THE LEARNING PROCESS, PARENTS ARE ASKED TO USE THE WAITING AREAS LOCATED IN THE MAIN HALLWAY WHILE YOUTH PROGRAMS ARE IN SESSION. (NOTE: KINDER KRAFTS, TEENY TOTS, TINY TOTS, TOTS & TUNES, and ULTIMATE BALL TIME DO NOT APPLY)

**BALLET, TAP & CREATIVE MOVEMENT** - (Boys and Girls, Ages 3 - 5)
FEE: $85.00  DATE: Saturdays, Mar. 21 – May 9  TIME: 10:00-10:30 a.m.
INSTRUCTOR: Roxanne Piccerillo-Mongillo (6 sessions)  No class 4/4, 4/18
This class could be the beginning of your child’s dance training. Your child will have the opportunity to try different styles of dancing without the costly expenses that come with private dancing. This program is designed to introduce basic dance skills in Ballet and Tap while learning Creative Movement with their bodies, with emphasis on technique and terminology.
Class attire: bodysuit, tights, ballet shoes, tap shoes, and a water bottle. CLASS SIZE IS LIMITED!

**COOKIE/CUPCAKE DECORATING** - (Boys and Girls, Ages 5 - 12)
FEE: $89.00  DATE: Wednesdays, Apr. 1 – Apr. 29  TIME: 5:45-6:30 p.m.
INSTRUCTOR: Roxanne Piccerillo-Mongillo (5 sessions)
Students will start with unfrosted cookies / cupcakes and receive instruction to create the cookie / cupcake theme of the week. Students will take home extra to share!! Please note: eggs, gluten, nuts and dairy will be present at all classes.

**CRAFTERS CORNER** - (Boys and Girls, Ages 5 - 12)
FEE: $89.00  DATE: Wednesdays, Apr. 1 – Apr. 29  TIME: 5:00-5:40 p.m.
INSTRUCTOR: Roxanne Piccerillo-Mongillo (5 sessions)
Children will put their creative minds to work in Crafters Corner. A new project will be completed each week. All supplies are included.

**HIP-HOP** - (Boys and Girls, Ages 3 - 5)
FEE: $75.00  DATE: Saturdays, Mar. 21 – May 9  TIME: 10:45-11:15 a.m.
INSTRUCTOR: Roxanne Piccerillo-Mongillo (6 sessions)  No class 4/4, 4/18
“Come experience the Fun of Dance” with Miss Roxie of Dance Productions. Learn the newest moves of Hip-Hop and the fundamentals of dance while promoting self-confidence. Emphasis will be on style, technique, and terminology while acquiring basic dance skills. This class is designed to introduce basic dance skills in Hip-Hop. Don’t miss out on all the fun. See you in class! Class attire: dance wear, sneakers, and water bottle. CLASS SIZE IS LIMITED!

**HIP-HOP** - (Grades 1 - 8)
FEE: $95.00  DATE: Saturdays, Mar. 21 – May 9  TIME: 9:00-9:45 a.m.
INSTRUCTOR: Roxanne Piccerillo-Mongillo (6 sessions)  No class 4/4, 4/18
“Come experience the Fun of Dance” with Miss Roxie of Dance Productions. Learn the newest moves of Hip-Hop and the fundamentals of dance while promoting self-confidence. Emphasis will be on style, technique, and terminology, while acquiring basic dance skills. This class is designed from beginner to the advanced dancer. Don’t miss out on all the fun. See you in class! Class attire: dance wear, sneakers, a water bottle, and a hand towel. CLASS SIZE IS LIMITED!
YOUTH PROGRAMS
PARENT AND CHILD INTERACTION PROGRAMS

KINDER KRAFTS - (Ages 2 - 5 yrs w/parent)
FEE: $60.00
DATE: Tuesdays, Mar. 31 – May 26
INSTRUCTOR: Jennifer Parker (8 sessions)
TIME: 11:15-11:45 a.m.
No class 4/14
Take some time to be with your child and meet other parents and their children. Make a different craft each week to take home. Music and play will be included where time allows. Look for this program in our art section as an independent class for older children. Parents must accompany Kinder Krafts participants. Only children registered may participate.

TINY TOTS - (Ages 18 months - 3 years w/parent)
FEE: $50.00
DATE: Thursdays, Apr. 2 – May 28
INSTRUCTOR: Jennifer Parker (8 sessions)
TIME: 10:15-11:00 a.m.
No class 4/16
An introduction to rhythmic movement, balance and socialization skills. Each class consists of 30 minutes of free play followed by circle-time songs and parachute play. Parents must accompany Tiny Tots participants. Only children registered may participate.

TOTS AND TUNES - (Ages 1 - 5 years w/parent)
FEE: $50.00
DATE: Tuesdays, Mar. 31 – May 26
INSTRUCTOR: Jennifer Parker (8 sessions)
TIME: 10:15-10:45 a.m.
No class 4/14
Tots and Tunes offers young children and their parents the opportunity to learn, create, and respond to music. Classes provide fun-filled opportunities to explore music through nursery rhymes, finger games, traditional and international songs, holiday themes and more. Through music, a child can increase his or her vocabulary, develop natural rhythm, define motor and communication skills, enhance natural talent and ability, and bolster creativity. While encouraging self-expression and group participation, Tots and Tunes will increase your child’s appreciation for music. Parents must accompany Tots and Tunes participants. Only children registered may participate.

ULTIMATE BALL TIME - (Ages 2 - 5 years w/parent)
FEE: $52.00
DATE: Thursdays, Apr. 2 – May 28
INSTRUCTOR: Jennifer Parker (8 sessions)
TIME: 11:15 a.m.-12:00 p.m.
No class 4/16
Come and have fun with your child! In this informal introduction to the basics of fun in sports, your preschooler will play with soccer balls, nerf balls, kick balls and even mini basketballs. There is bound to be lots of running, kicking and bouncing! You will laugh with your child as they learn about balance, hand-eye coordination and team work. Parents must accompany Ultimate Ball Time participants. Only children registered may participate.
YOUTH PROGRAMS
SPORTS

BACK TO BASICS BASKETBALL CLINIC - (Grades 1 – 8)
FEE: $130.00
INSTRUCTORS: Keith Bullock & Joseph Becton
The road to success starts with a solid foundation, so start building for the future today. With more than 40 years of basketball experience combined, come learn the fundamentals of basketball from two of the area’s most knowledgeable coaches. We will provide the skill and the fun; you bring a desire to learn and the will to work hard. Register early, space is limited!

Keith Bullock is a former All-State basketball player and graduate of Norte Dame of West Haven. He was a full-scholarship recipient to Manhattan College where he was a 4-year starter and the all-time leading scorer upon graduation. Keith played 7 years of professional basketball in Europe in Istanbul Turkey, Belgium, and France.

Joseph Becton has 21 years of coaching experience at Hoop Mountain Boys Basketball Camp (New England's Premiere Basketball Camp). He is currently coaching in his 8th year in the North Haven Town Basketball League. Joseph played collegiately at Housatonic Community College and Greater New Haven State Technical College.

DATE: Mondays & Wednesdays, April 20 – May 6 (6 sessions)  TIME: 5:30-6:30 p.m.    Boys, 1st – 3rd grade

DATE: Mondays & Wednesdays, April 20 – May 6 (6 sessions)  TIME: 6:45-7:45 p.m.    Boys, 4th – 8th grade

DATE: Tuesdays & Thursdays, April 21 – May 7 (6 sessions)  TIME: 5:30-6:30 p.m.    Girls, 1st – 3rd grade

DATE: Tuesdays & Thursdays, April 21 – May 7 (6 sessions)  TIME: 6:45-7:45 p.m.    Girls, 4th – 8th grade
ADULT PROGRAMS

COLLEGE PLANNING WORKSHOP - (Ages 16 years and older)
FEE: Free  DATE: Wednesday, March 25  TIME: 6:30-8:00 p.m.
INSTRUCTOR: Dorothy A. Mautte
Please join us for a FREE Educational College Planning workshop that will focus on high school sophomores, juniors, and seniors. We’ll discuss the FAFSA form and all the other information you need to understand in order to maximize the amount of financial aid you are eligible to receive! Even if your family isn’t eligible for need-based aid, we will cover the best strategies on how to pay for college in the most cost effective basis – without it putting a strain on the rest of your finances.

In this workshop, you will learn: How to increase your college-related tax deductions and tax credits, how to pick colleges that will give you the best financial aid packages, how to send your child to an expensive private university for less than a state school, which assets are taken into consideration when the U.S. Department of Education calculates your Expected Family Contribution (EFC), how to pay for college in a failing economy without relying on 529 plans, expensive private student loans or raiding your retirement accounts, how to get ahead by developing a customized plan to meet all the college costs you will incur as a family, how to lower your “out-of-pocket” costs and get the maximum amount of money from each school and much more! Due to the popularity of our free workshops, seats fill up quickly. Reservations are required.

FITNESS FUN - (Ages 18 and older)
FEE: $73.00  DATE: Mon./Wed./Fri., April 6 – June 12  TIME: 9:30-10:30 a.m.
INSTRUCTOR: Robin Gribben  (28 sessions) No class 4/10, 5/25
Fitness Fun is a great way to get moving! This is an easy class that anyone can do. Fitness Fun is low impact aerobics. During this class, we will tone all those hard to get areas using weights and bands. Participants will be introduced to some Yoga and Pilates moves as well. You will leave this class feeling better than you did before you came!
CUB SCOUTS
Building self-esteem, gaining confidence, developing a sense of belonging, experiencing new adventures, meeting new friends and having FUN! Cub Scouting is a neighborhood centered, parent volunteer run program for boys and girls in kindergarten through grade 5 that combines FUN with educational activities and lifelong values. Cub Scouting is designed to support and encourage family and community involvement. Boys and Girls may join at any grade level.

Pack 810 - Clintonville & Montowese Schools
Nancy Yeager, Cub master e-mail: NancyCMPack810@gmail.com

Pack 803 – Green Acres & Ridge Road Schools
Peter Tseperkas, Committee Chairperson E-mail: ptseperkas@gmail.com
Steve Buhrer, Cub master e-mail: sbuhrer@comcast.net

NORTH HAVEN GIRLS SOFTBALL –

QUESTIONS REGARDING REGISTRATION, AND/OR WISH TO VOLUNTEER, YOU MAY EMAIL: NHGirlsSoftballLeague@gmail.com. Visit our website for additional information regarding registration at www.nhgsl.com (Registration for North Haven Girls Softball League does not go through the Recreation Center.)

NORTH HAVEN SOCCER CLUB-
Youth Soccer is played in North Haven late in March through June. The KickStart Clinic plays on Saturday mornings and Wednesday evenings for 1 hour. Clinic is played on Wednesday evenings and Saturday mornings. The U-8 Division plays on Saturdays. The U-10 Division boys and girls play on Saturday afternoons.

FOR MORE INFORMATION OR QUESTIONS REGARDING REGISTRATION AND VOLUNTEERING AS A COACH OR ADMINISTRATOR, CONTACT: www.northhavensoccerclub.org nhscadmin@comcast.net (Registration for North Haven Soccer Club does not go through the Recreation Center.)

PLEASE NOTE THAT ALL INFORMATION IS SUBJECT TO CHANGE

NORTH HAVEN YOUTH LACROSSE – Boys and Girls, Grades K – 8
Registration for new or returning lacrosse players in grades K-8 is now open. The North Haven Youth Lacrosse spring season will begin late March through early June. Players in grades K-2 will practice one day a week. Players in grades 3-8 should expect a minimum of two practices a week, along with games. The registration fee for players in grades K-2 is $125. Players in grades 3-8 is $260. Registration costs include uniform, NH Board of Education field usage fees, tournament costs and refereed games. All players must also pay $30 towards US Lacrosse registration, which is required. Late registration will go into effect starting February 14, 2020 for an additional fee of $25. Failure to register by the above date may prevent your player from getting their uniform prior to the competitive season, which tentatively begins around April 1, 2020. Equipment must be purchased separately. For additional information, please contact North Haven Youth Lacrosse at northhavenyouthlacrosse@gmail.com or visit us at NorthHavenLax.com

HAMDEN/NORTH HAVEN SWIM CLUB -
HNHS offers US Swimming training and competition year round. Levels of instruction and training are based on the swimmer’s individual needs and ability. The basic goal is to help each swimmer obtain fundamentals in swimming mechanics, technique, and training. Swimmers ages 5 through 18 are invited to try out. Swimmers are placed in groups based on their skill level. The spring clinic will run April through June. There are no swim meets for the clinic swimmers. For more information, please contact head coach Rick Lucan at 203-494-9847.
**ADULT PROGRAMS**

**SPORTS**

**INDEPENDENT LEAGUES/CLUBS**

**ADULT SOFTBALL LEAGUES**

Beginning in the spring, the softball league is open to Resident, Non-Resident and company teams as follows:

- **Monday Evening** – Men’s League
- **Wednesday Evening** – Men’s League

**REGISTRATION DATES:**

- **Returning Resident Teams** - March 2nd, 6:00-7:00 p.m.
- **Returning Non-Resident Teams** - March 2nd, 7:00-8:00 p.m.
- **New Resident Teams** - March 5th, 6:00-7:00 p.m.
- **New Non-Resident Teams** - March 5th, 7:00-8:00 p.m.

All leagues are A.S.A. registered. The season will run from mid-April into mid/late July. You will play at least a 16-game season. Many forms, applications, and affidavits must be completed. Last season’s managers will be notified by mail of the date of the first meeting. All others should contact the Recreation Office or email bimonte.john@town.north-haven.ct.us. (ALL INFORMATION IS SUBJECT TO CHANGE.)

**PETER'S ROCK ASSOCIATION**

The Peter’s Rock Association is dedicated to promoting, maintaining and preserving Peter’s Rock Park located on Middletown Avenue behind First Fuel Gas Station. It is open to all interested in hiking or helping in any manner. Watch the local papers for scheduled clean-ups and trail maintenance days or visit us at www.petersrockassociation.org.

**INSTRUCTORS WANTED!!**

The North Haven Department of Community Services & Recreation is looking for new class ideas and qualified instructors. If you have a special skill or talent or just a suggestion for a new class, please contact our staff at the Recreation Center.
NORTH HAVEN SPECIAL OLYMPICS
SPONSORED BY DEPT. OF COMMUNITY SERVICES & RECREATION

NORTH HAVEN SPECIAL OLYMPICS – The mission of North Haven Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them opportunities to develop physical fitness, demonstrate courage, experience joy and friendship with their families, other Special Olympians and the community. (All sports programs consist of team format competitions, as well as individual skill development competitions. Players are assigned to either the team or individual formats based on ability. Dates for regional and state competitions will be provided at the beginning of each sport season.)

TRACK AND FIELD - (Ages 8 years and older)
FEE: $10.00
DATE: Sundays, March 8- June 7
TIME: 11:00 a.m. - 12:30 p.m.
REGISTRATION: March 8th

PLEASE NOTE: REGISTRATION FOR SUMMER GAMES (UNIFIED SOFTBALL, BOCCE, TRACK AND FIELD, SWIMMING and GOLF) IS WEDNESDAY, JUNE 3, 6:00 PM – 8:00.

VOLUNTEER OPPORTUNITIES (UNIFIED SPORTS) - (Ages 12 years and older)

Unified Sports is a program that combines approximately equal numbers of individuals with and without intellectual disabilities on the same sport team for training and competition. Unified Sports is an important program because it expands sports opportunities for athletes and volunteers wanting to seek new challenges. In addition, Unified Sports helps break down barriers that have historically kept people apart.

Teams are constructed in such a way as to provide training and competition opportunities that meaningfully challenge all athletes. These opportunities often lead to improved sports skills, higher self-esteem, equal status with peers and new friendships.

Unified Softball: June – September
TIME: 6:00-7:30 p.m.

Unified Basketball: September – November
TIME: 6:00- 8:00 p.m.

COACHING - (Ages 18 years and older)

We are always looking for new coaches in the sports we offer. You do not need to have experience working with individuals with intellectual disabilities. Training and support will be provided. You must have experience in sports you want to coach.
ADAPTIVE RECREATION

To be added to our mailing list, please call 203-239-5321, ext. 530 or email recreation@town.north-haven.ct.us

ADULT SOCIAL NIGHT -
Varied social activities for adults who have a developmental disability. A detailed flyer with further information will be available in April. The flyer will be mailed to those on our mailing list. Otherwise, you may stop by and pick one up or call to be added to the mailing list.

SPECIAL NEEDS BINGO - Dates for Special Needs Bingo will be available by contacting the Recreation Office.

SPECIAL NEEDS BOWLING - Dates for Special Needs Bowling at Wallingford Bowl in Wallingford will be available on a flyer at a later date.
SPECIAL EVENTS

EASTER EGGSTRAVAGANZA - April 4 (Rain or Shine) 10:30 a.m. – 12:00 p.m.

We’re pulling out all of the stops this year! Join our staff and our fellow community members for Easter Egg dying, crafts, games with prizes and entertainment. Don’t forget to make your jelly bean guess. Have your picture taken with the Easter Bunny and join the fun for all. We will be accepting $1.00 voluntary donations to help offset the cost of the event. Make sure you get here early so you get a chance to participate in everything!

Pictures with the Easter Bunny 10:30 a.m. – 12:00 p.m.
Easter Crafts 10:30-11:15
Jelly Bean Guess 10:30-11:15
Raffle (winners will be announced at 11:15) 10:30-11:15
Face Painting 10:30-11:15

SPECIAL ENTERTAINMENT
11:15 a.m. – 12:00 p.m.

27th ANNUAL FISHING DERBY - (Ages 3 - 15)
FEE: None ($10.00 non-resident) DATE: Saturday, April 18 TIME: Check in 6:15 a.m.
LOCATION: Sinoway Pond – Upper State Street
Come one, come all!!! Get hooked on fishing. Join us at our 27th Annual Fishing Derby. Bring the family and enjoy. You will fall hook, line and sinker for this catch of the day. Prizes for the biggest fish, most fish (state limit of five) and first fish caught will be awarded. A casting contest is held, and there will also be plenty of raffle prizes. Call the info-line at 234-2535 if the weather is questionable. PRE-REGISTRATION IS REQUIRED – SPACE IS LIMITED!!!!!!!!
*MORE INFORMATION AVAILABLE AT THE RECREATION OFFICE
GENERAL REGISTRATION FORM

1. Mail the completed registration form to Dept. of Community Services & Recreation, 7 Linsley Street, North Haven, CT 06473 and make the check(s) payable to: Treasurer, Town of North Haven.
2. Complete all the information requested. (Incomplete registration forms will be returned.)
3. Include a separate check for each participant and each program.
4. Proof of residency must be provided with the completed registration form each time you register: copy of a current driver’s license, real estate tax bill, lease or mortgage, or two recent utility bills with name and address. (P.O. Box address is not acceptable.)
5. Include proof of age for all youth programs. If you are sure your child’s birth certificate is on file with the department, you do not need to send one with your registration. If you are unsure, send a copy and we will put it on file.
6. REGISTRATION FORMS MUST BE SIGNED BY PARTICIPANT OR PARENT (GUARDIAN) IF PARTICIPANT IS UNDER 18 YEARS OF AGE.
7. It is recommended that a second choice of programs and or times be included, especially for pool programs. For class confirmation, please include a self-addressed, stamped envelope.
8. More detailed registration information is located in the front section of the brochure.

MAIL – IN REGISTRATION FORM

PARTICIPANT’S NAME ___________________________________________________________

DATE OF BIRTH______________________AGE__________PHONE (h) ____________________________ (w) ______________

ADDRESS______________________________________________TOWN & ZIP CODE____________________________________________

PROGRAM/TRIP:

1st CHOICE ____________________________________________________DAY__________________________TIME__________________

2nd CHOICE ____________________________________________________DAY__________________________TIME____________________

WAIVER HOLD HARMLESS

The undersigned individual and/or as parent or guardian of the above named child do hereby agree to waive, release, and hold harmless the Town of North Haven and its agents and employees from any and all causes of action including personal injury and property damage. The North Haven Recreation Department may videotape or take pictures of participants enrolled in recreation activities, classes or programs. These photos and/or videotapes may be used for promotional purposes. I will allow my child’s name, likeness and photographs for the purposes of publicity in any media.

SIGNATURE________________________________________________________DATE_______________________

DID YOU INCLUDE THE FOLLOWING?

SEPARATE CHECKS__________     PROOF OF RESIDENCY__________    PROOF OF AGE__________     SIGNED WAIVER__________    2nd CHOICE_____

__________________________________________________________DATE_______________________

CHECK#____________________ RECEIPT#________________________

MAIL – IN REGISTRATION FORM

PARTICIPANT’S NAME ___________________________________________________________

DATE OF BIRTH______________________AGE__________PHONE (h) ____________________________ (w) ______________

ADDRESS______________________________________________TOWN & ZIP CODE____________________________________________

PROGRAM/TRIP:

1st CHOICE ____________________________________________________DAY__________________________TIME__________________

2nd CHOICE ____________________________________________________DAY__________________________TIME____________________

WAIVER HOLD HARMLESS

The undersigned individual and/or as parent or guardian of the above named child do hereby agree to waive, release, and hold harmless the Town of North Haven and its agents and employees from any and all causes of action including personal injury and property damage. The North Haven Recreation Department may videotape or take pictures of participants enrolled in recreation activities, classes or programs. These photos and/or videotapes may be used for promotional purposes. I will allow my child’s name, likeness and photographs for the purposes of publicity in any media.

SIGNATURE________________________________________________________DATE_______________________

DID YOU INCLUDE THE FOLLOWING?

SEPARATE CHECKS__________     PROOF OF RESIDENCY__________    PROOF OF AGE__________     SIGNED WAIVER__________    2nd CHOICE_____

__________________________________________________________DATE_______________________

CHECK#____________________ RECEIPT#________________________